

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2017

Cartier House Care Centre

						1	2
						9:30 Manicures 10:30 Board Games 11:30 Walk and Chat 2:00 Yoga w/ Chris 3:15 Helping Hands 3:30 Room Visits	9:45 Morning Movie 11:30 Walk and Chat 1:30 Karaoke 3:15 Helping Hands 3:30 Room Visits
3	4	5	6	7	8	9	
9:30 Board Games 10:30 Art/Painting 11:30 Walk and Chat 1:30 Church Service 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 2:00 Word Games 3:15 Helping Hands 3:30 Room Visits Labor Day	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 1:30 Bingo 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 2:00 Karaoke 3:15 Helping Hands 3:30 Room Visits	10:00 Scenic Drive for Ice Cream 11:30 Walk and Chat 2:00 Active Game 3:15 Helping Hands 3:30 Room Visits	9:30 Manicures 10:30 Board Games 11:30 Walk and Chat 2:00 Yoga w/ Chris 3:15 Helping Hands 3:30 Room Visits	9:45 Morning Movie 11:30 Walk and Chat 1:30 Karaoke 3:15 Helping Hands 3:30 Room Visits	
10	11	12	13	14	15	16	
<i>Happy Grandparents Day</i> 9:30 Board Games 10:30 Art/Painting 11:30 Walk and Chat 1:30 Church Service 3:15 Helping Hands 3:30 Room Visits Grandparents Day	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 2:00 Happy Hour w/ Greg 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 1:30 Bingo 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 1:30 Music Therapy w/David 2:30 Music Therapy w/David 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 2:00 Active Game 3:15 Helping Hands 3:30 Room Visits	9:30 Manicures 10:30 Board Games 11:30 Walk and Chat 2:00 Yoga w/ Chris 3:15 Helping Hands 3:30 Room Visits	9:45 Morning Movie 11:30 Walk and Chat 1:30 Karaoke 3:15 Helping Hands 3:30 Room Visits	
17	18	19	20	21	22	23	
9:30 Board Games 10:30 Art/Painting 11:30 Walk and Chat 1:30 Church Service 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 10:30 Resident/Family Council 11:30 Walk and Chat 2:00 Word Games 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 1:30 Bingo 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 1:30 Music Therapy w/David 2:30 Music Therapy w/David 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 11:00 Lunch Outing Legion 263 3:15 Helping Hands 3:30 Room Visits Rosh Hashanah	9:30 Manicures 10:30 Board Games 11:30 Walk and Chat 2:00 Yoga w/ Chris 3:15 Helping Hands 3:30 Room Visits Autumn Begins	9:45 Morning Movie 11:30 Walk and Chat 1:30 Karaoke 3:15 Helping Hands 3:30 Room Visits	
24	25	26	27	28	29	30	
9:30 Board Games 10:30 Art/Painting 11:30 Walk and Chat 1:30 Church Service 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 2:00 Birthday Party w/ Brian 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 1:30 Bingo 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 1:30 Music Therapy w/David 2:30 Music Therapy w/David 3:15 Helping Hands 3:30 Room Visits	9:30 Muscles in Motion 10:30 Chair Exercises 11:30 Walk and Chat 2:00 Word Games 3:15 Helping Hands 3:30 Room Visits	9:30 Manicures 10:30 Board Games 11:30 Walk and Chat 2:00 Patio Clean-up 3:15 Helping Hands 3:30 Room Visits	9:45 Morning Movie 11:30 Walk and Chat 1:30 Karaoke 3:15 Helping Hands 3:30 Room Visits Yom Kippur	

Please Note: All programs subject to change.