

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2017

## Hilton Villa Care Centre (North)

						09:30 Manicure w/ Manpreet 10:00 Catholic Communion 1:30 Walking Club 2:30 Music at Patio(N1)* 3:45 Walk in the Garden	09:45 Trivia & Sing along(N1)* 10:45 Balloon Toss & Exercises(N2)* 1:30 Walking Club 2:30 Bingo(N1)* 3:45 Hand Massage
09:45 Trivia 10:15 Amazing World 10:45 OLGC Parish 1:30 Pet & Friend Visit 2:30 Music & Sing along 3:45 Walk in the Garden 6:30 Faith Lutheran Church	09:45 Garden Care 10:45 Exercises (N2)* 1:30 Walking Club 2:30  3:45 Friendly Visits <small>Labor Day</small>	09:30 Pet Therapy 10:00 Compassionate Touch 10:00 Amazing World(N1)* 10:00 News & Views(N2)* 11:00 Trivia(N1)* 10:45 Exercises(N2)* 1:30 Walking Club 2:30 Happy Hour w/Mark (N1)* 	09:45 Garden Care 10:15 Balloon Toss & Exercises(N1)* 10:00 News & Views(N2)* 10:45 Exercises(N2)* 1:30 Walking Club 2:30 North Birthday Party w/Virgil 	09:45 Garden Care 10:40 Music w/Jeff(N1)* 1:30 Walking Club 2:45 Music w/Jeff(N2)* 3:45 Hand Massage 	09:30 Manicure w/ Manpreet 10:00 Catholic Communion 10:45 Garden Care 1:30 Walking Club 2:30  3:45 Walk in the Garden	09:45 Trivia & Armchair(N1)* 10:45 Balloon Toss & Exercises(N2)* 1:30 Walking Club 2:30 Yoga & Music w/Chris(N1)* 3:45 Hand Massage 	
09:45 Balloon Toss & Exercises 10:45 OLGC Parish 1:30 Pet & Friend Visit 1:30 Walking Club 2:30 Music & Happy Grandparents Day (N1)* <small>Grandparents Day</small>	09:45 Exercises(N1)* 10:45 Exercises(N2)* 1:30 Walking Club 2:30  3:45 Friendly Visit	09:30 Pet Therapy 10:00 Compassionate Touch 10:00 Trivia & Music (N1)* 10:00 News & Views(N2)* 10:45 Exercises(N2)* 1:30 Walking Club 2:30 Salvation Army(N1)* 	10:00 Garden Care 11:30 Lunch Club(SP)* 1:30 Walking Club 2:00 Movie Matinee 3:45 Hand Massage 	10:00 Scenic Drive 10:40 Music w/Jeff(N1)* 1:30 Walking Club 2:45 Music w/Jeff(N2)* 	09:30 Manicure w/ Manpreet 10:00 Catholic Communion 1:30 Walking Club 2:30 New Residents Welcome Tea 3:45 Friendly Visits	09:45 Trivia & Sing along(N1)* 10:45 Balloon Toss & Exercises(N2)* 1:30 Walking Club 2:30  3:45 Hand Massage	
09:45 Balloon Toss & Exercises 10:45 OLGC Parish(NP)* 1:30 Pet & Friend Visit 1:30 Walking Club 2:30  3:45 Hand Massage	09:45 Armchair Travel(N1)* 10:45 Exercises(N2)* 1:30 Walking Club 2:30 Painting To Music (N1)* 3:45 Friendly Visits 	09:30 Pet Therapy 10:00 Compassionate Touch 10:00 Trivia & Music (N1)* 10:00 News & Views(N2)* 10:45 Exercises(N2)* 1:30 Walking Club 2:30  Singing Group	10:00 Balloon Toss & Exercises(N1)* 10:00 News & Views(N2)* 10:45 Exercises(N2)* 1:30 Walking Club 2:30 Men's Club 3:45 Friendly Visits 	10:00 Resident Council 10:40 Music w/Jeff(N1)* 1:30 Walking Club 2:45 Music w/Jeff(N2)* 3:30 Residents Council(N2)* 5:30 Family Council <small>Rosh Hashanah</small> 	09:30 Manicure w/ Manpreet 10:00 Catholic Communion 10:45 Hand Massage 1:30 Walking Club 2:30  3:45 Friendly Visits <small>Autumn Begins</small>	09:45 Trivia & Armchair(N1)* 10:45 Balloon Toss & Exercises(N2)* 1:30 Walking Club 2:30 Yoga & Music w/Chris(N1)* 3:45 Hand Massage 	
09:45 Balloon Toss & Exercises(N1)* 10:45 OLGC Parish 1:30 Pet & Friend Visit 1:30 Walking Club 2:30  3:45 Hand Massage	09:45 Exercises(N1)* 10:45 Exercises(N2)* 1:30 Walking Club 2:30  3:45 Friendly Visits	10:00 Compassionate Touch Canada 10:00 Celebration of Life 10:30 OLGC Mass(N1)* 1:30 Walking Club 2:30 Baking Club(N1)*	10:00 Balloon Toss & Exercises(N1)* 10:00 News & Views(N2)* 10:45 Exercises(N2)* 1:30 Walking Club 2:30 Movie Matinee 3:45 Hand Massage	10:40 Music w/Jeff(N1)* 11:30 Lunch Outing 1:30 Walking Club 2:45 Music w/Jeff(N2)* 3:45 Friendly Visits 	09:30 Manicure w/ Manpreet 10:00 Catholic Communion 10:45 Hand Massage 1:30 Walking Club 2:30 Trivia(N1)* 3:45 Friendly Visits 	09:45 Trivia & Sing along (N1)* 10:45 Balloon Toss & Exercises(N2)* 1:30 Walking Club 2:30 Movie Matinee 3:45 Friendly Visits <small>Yom Kippur</small>	

All Programs are subject to change. Please call Recreation Dept. 604 588 3424 Ext. 106 for further update program. N1-North Bldg.1<sup>st</sup> floor, S-South Bldg, P-Patio, N2-North Bldg.2<sup>nd</sup> floor.