

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2017

## Hilton Villa Care Centre (South)

					<p>09:30 Manicure w/ Manpreet 10:00 Catholic Communion 1:30 Walking Club 2:30 Music at Patio(N1)* 3:45 Walk in the Garden</p>	<p>09:45 Balloon Toss 10:45 Exercises 1:30 Walking Club 2:30 Yoga &amp; Music w/Chris 3:45 Friendly Visits</p> 
<p>10:00 Exercises &amp; Balloon Toss 11:00 OLGC Parish 1:30 Pet &amp; Friend Visit 2:30 Music &amp; Sing along 3:45 Walk in the Garden 6:30 Faith Lutheran Church</p>	<p>10:00 Trivia 10:30 Amazing World 1:30 Walking Club 2:30 Bingo 3:45 Hand Massage</p>  <p>Labor Day</p>	<p>09:30 Pet Therapy 10:00 Compassionate Touch Canada 10:00 Southern Songsters 1:30 Walking Club 2:30 Happy Hour w/Mark(N1)* 3:45 Friendly Visits</p> 	<p>10:00 Celebration of Life 10:30 OLGC Mass 1:30 Walking Club 2:30 Movie Matinee 3:45 Hand Massage</p>	<p>10:00 Sing along 1:30 Walking Club 2:30 Painting To Music 6:00 Birch Evening Music</p> 	<p>09:30 Manicure w/ Manpreet 10:00 Catholic Communion 10:45 Garden Care 1:30 Walking Club 2:30 Sing along w/Ritche 3:45 Walk in the Garden</p>	<p>09:45 Balloon Toss 10:45 Exercises 1:30 Walking Club 2:30 BINGO 3:45 Hand Massage</p> 
<p>09:45 Balloon Toss &amp; Exercises 11:00 OLGC Parish 1:30 Pet &amp; Friend Visit 2:30 Music &amp; Happy Grandparents Day (N1)*</p> <p>Grandparents Day</p>	<p>10:00 Trivia 10:30 Armchair Travel 1:30 Walking Club 2:30 BINGO 3:45 Hand Massage</p>  	<p>09:30 Pet Therapy 10:00 Compassionate Touch 10:00 Southern Songsters 1:30 Walking Club 2:30 Salvation Army(N1)* 3:45 Friendly Visits</p> 	<p>10:00 Garden Care 11:30 Lunch Club(SP)* 1:30 Walking Club 2:00 Movie Matinee 3:45 Walk in the Garden</p> 	<p>10:00 Scenic Drive 10:30 Armchair Travel 1:30 Walking Club 2:30 Music &amp; sing along 3:45 Friendly Visits 6:00 Birch Evening Music</p> 	<p>09:30 Manicure w/ Manpreet 10:00 Catholic Communion 1:30 Walking Club 2:30 New Residents Welcome Tea 3:45 Friendly Visits</p>	<p>09:45 Balloon Toss 10:45 Exercises 1:30 Walking Club 2:30 Yoga &amp; Music w/Chris 3:45 Friendly Visits</p> 
<p>09:45 Balloon Toss &amp; Exercises 11:00 OLGC Parish 1:30 Pet &amp; Friend Visit 2:30 BINGO 3:45 Hand Massage 6:30 Faith Lutheran Church</p>	<p>10:00 Balloon Toss &amp; Exercises 1:30 Walking Club 3:15 Hand Massage 3:45 Friendly visits</p>	<p>09:30 Pet Therapy 10:00 Compassionate Touch 10:00 Southern Songsters 1:30 Walking Club 2:30 PIZZAZZ Singing Group</p> 	<p>10:00 Exercises 10:45 Balloon Toss 1:30 Walking Club 2:30 Men's Club 3:45 Friendly Visits</p> 	<p>10:00 Trivia 10:30 Animal World 1:30 Walking Club 2:30 Residents Council 3:45 Friendly Visits 6:00 Birch Evening Music</p> <p>Rosh Hashanah</p> 	<p>09:30 Manicure w/ Manpreet 10:00 Catholic Communion 10:45 Hand Massage 1:30 Walking Club 2:30 Sing along w/Ritche 3:45 Hand Massage</p> <p>Autumn Begins</p>	<p>09:45 Balloon Toss 10:45 Exercises 1:30 Walking Club 2:30 BINGO 3:45 Hand Massage</p> 
<p>09:45 Balloon Toss &amp; Exercises 11:00 OLGC Parish 1:30 Pet &amp; Friend Visit 2:30 Bingo 3:45 Hand Massage</p>	<p>10:00 Trivia 10:30 Amazing World 1:30 Walking Club 3:30 Hand Massage</p> 	<p>09:30 Pet Therapy 10:00 Compassionate Touch 10:00 Southern Songsters 1:30 Walking Club 2:30 Baking Club(N1)*</p> 	<p>10:00 Trivia 10:45 Animal World 1:30 Walking Club 2:30 South Birthday Party w/ Joe 3:45 Friendly Visits</p> 	<p>11:30 Lunch Outing 1:30 Walking Club 2:30 Bingo 3:45 Friendly Visits 6:00 Birch Evening Music</p>  	<p>09:30 Manicure w/ Manpreet 10:00 Catholic Communion 10:45 Hand Massage 1:30 Walking Club 2:30 Sing along w/Ritche 3:45 Hand Massage</p>	<p>09:45 Movie Matinee 11:15 Hand Massage 1:30 Walking Club 2:30 Yoga &amp; Music w/Chris 3:45 Friendly Visits</p> <p>Yom Kippur</p>

All Programs are subject to change. Please call Recreation Dept. 604 588 3424 Ext. 106 for further update. N1-North Bldg. 1<sup>st</sup> floor, S-South Bldg, P-Patio, N2-North Bldg. 2<sup>nd</sup> floor.