

Mountain Lake Seniors Community Life Enrichment Calendar ~ Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>RR = Rec Room <i>This calendar is subject to change. Please refer to the whiteboard near the front entrance for daily activities.</i></p>		<h1>SEPTEMBER 2017</h1> 			<p>1 10:00 Book Club 11:00 Chair Yoga ~RR 1:30 Crossword Puzzle 1:30 Art Club 2:00 News & Views</p>	<p>2 1:30 Card Games 3:30 Chair Yoga</p>
<p>3 2:00 Nails & Polish</p>	<p>4 2:00 Kick Ball </p>	<p>5 11:00 Exercises Upstairs 11:30 Outing: <i>Kokanee Creek Park</i> 2:00 Shuffleboard 2:15 Bethel Christian Church 3:00 Bingo</p>	<p>6 10:00 Catholic Church 11:00 Exercises ~RR 1:30 Bingo & Tea 3:00 Tenant Council Meeting 3:30 Bell Choir</p>	<p>7 10:30 Anglican Church 11:00 Exercises Upstairs 11:00 Choral Group ~RR 1:30 Sing-along <i>~Evergreen</i> 2:00 Reminiscing 3:00 Bingo</p>	<p>8 10:00 Book Club 11:00 Chair Yoga ~RR 1:30 Crossword Puzzle 1:30 Art Club 2:00 News & Views</p>	<p>9 3:30 Chair Yoga 5:00 Road Kings Poker Run & Car Show</p>
<p>10 2:00 Pet Visit with Echo</p>	<p>11 11:00 Exercises ~RR 1:00 Workshop 1:30 Bible Stories with Jehovah's Witnesses 2:00 Kick Ball</p>	<p>12 11:00 Exercises Upstairs 11:30 Outing: <i>Lakeside Park</i> 2:00 United Church & Tea 2:00 Shuffleboard 3:00 Bingo</p>	<p>13 10:00 Catholic Church 11:00 Exercises ~RR Library Visit 1:30 Bingo & Tea 2:00 Making Placemats 3:30 Bell Choir 6:30 Frank Brooke entertains</p>	<p>14 10:00 Pendant Testing <i>~Upstairs</i> 11:00 Exercises Upstairs 11:00 Choral Group ~RR 1:30 Sing-along & Birthday Social 3:00 Bingo</p>	<p>15 10:00 Book Club 11:00 Chair Yoga ~RR 2:00 Second Wind</p>	<p>16 1:30 Art Club 3:30 Chair Yoga</p>
<p>17 2:00 Nails & Polish</p>	<p>18 11:00 Exercises ~RR 2:00 Kick Ball</p>	<p>19 11:00 Exercises Upstairs 11:30 Outing: <i>Mall</i> 2:00 Shuffleboard 2:15 Bethel Christian Church 3:00 Bingo</p>	<p>20 10:00 Catholic Church 11:00 Exercises ~RR 1:30 "All Aboard!" entertains 3:30 Bell Choir 6:00 Movie Night ~RR</p>	<p>21 11:00 Exercises Upstairs 11:00 Choral Group ~RR 2:00 Health Arts Society Concert 3:00 Bingo 6:30 Red Skelton Tribute Show</p>	<p>22 10:00 Book Club 11:00 Chair Yoga ~RR 1:30 Crossword Puzzle 1:30 Art Club 2:00 News & Views</p>	<p>23 1:30 Frank Brooke entertains 3:30 Chair Yoga</p>
<p>24 2:00 Tenant Talents</p>	<p>25 11:00 Exercises ~RR 1:00 Workshop 1:30 Bible Stories with Jehovah's Witnesses 2:00 Kick Ball</p>	<p>26 11:00 Exercises Upstairs 11:30 Outing: <i>Mall</i> 2:00 First Baptist Church 2:00 Shuffleboard 3:00 Bingo</p>	<p>27 10:00 Catholic Church 11:00 Exercises ~RR 1:30 Bingo & Tea 2:00 Baking 3:30 Bell Choir 6:00 Movie Night ~RR</p>	<p>28 10:30 Anglican Church 11:00 Exercises Upstairs 11:00 Choral Group ~RR 1:30 Sing-along with Onami ~<i>Diamond</i> 2:00 Reminiscing 3:00 Bingo</p>	<p>29 10:00 Book Club 11:00 Chair Yoga ~RR 12:30 General Store 2:00 Celebration of Life Service & Tea</p>	<p>30 1:30 Card Games 3:30 Chair Yoga</p>