

Mountain Lake Seniors Community Life Enrichment Calendar ~ Residential Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>AL = Assisted Living This calendar is subject to change. Please refer to the whiteboard near the front entrance for daily activities.</p>				<h1>SEPTEMBER 2017</h1> 		<p>1 10:00 Book Club 11:00 Chair Yoga 1:30 Crossword Puzzle 1:30 Art Club 3:30 Sensory Visits</p>	<p>2 1:30 Card Games</p>
<p>3</p>	<p>4 </p>	<p>5 9:30 Sensory Visits 10:00 Stand & Stretch 11:30 Outing: <i>Kokanee Creek Park</i> 2:15 Bethel Christian Church 3:00 Bingo</p>	<p>6 10:00 Catholic Church 11:00 Exercises 1:30 Bingo & Tea 4:00 Beachview Cottage Meeting</p>	<p>7 10:30 Anglican Church 11:00 Choral Group 1:30 Sing-along <i>~Evergreen</i> 3:00 Bingo 3:00 Spa Afternoon</p>	<p>8 10:00 Book Club 11:00 Chair Yoga 12:45 Alpine Cottage Meeting 1:30 Crossword Puzzle 1:30 Art Club 3:30 Sensory Visits</p>	<p>9 5:00 Road Kings Poker Run & Car Show</p>	
<p>10</p>	<p>11 9:30 Alpine Visits 11:00 Exercises 1:00 Workshop 1:30 Bible Stories with Jehovah's Witnesses 2:30 Bell Choir</p>	<p>12 9:30 Sensory Visits 10:00 Stand & Stretch 11:30 Outing: <i>Lakeside Park</i> 2:00 United Church & Tea 3:00 Bingo</p>	<p>13 10:00 Catholic Church 11:00 Exercises Library Visit 1:30 Bingo & Tea 4:00 Lombardy Cottage Meeting 6:30 Frank Brooke entertains ~AL</p>	<p>14 11:00 Choral Group 1:30 Sing-along & Birthdays Social ~AL 3:00 Bingo 3:15 Music in Diamond</p>	<p>15 10:00 Book Club 11:00 Chair Yoga 2:00 Second Wind ~AL 4:00 Evergreen Cottage Meeting</p>	<p>16 1:30 Art Club</p>	
<p>17</p>	<p>18 9:30 Alpine Visits 11:00 Exercises 2:30 Bell Choir</p>	<p>19 9:30 Sensory Visits 10:00 Stand & Stretch 11:30 Outing: <i>Mall</i> 2:15 Bethel Christian Church 3:00 Bingo</p>	<p>20 10:00 Catholic Church 11:00 Exercises 1:30 "All Aboard!" entertains ~AL 6:00 Movie Night</p>	<p>21 11:00 Choral Group 2:00 Health Arts Society Concert ~AL 3:00 Bingo 3:00 Spa Afternoon 6:30 Red Skelton Tribute Show ~AL</p>	<p>22 10:00 Book Club 11:00 Chair Yoga 1:30 Crossword Puzzle 1:30 Art Club 3:30 Sensory Visits</p>	<p>23 1:30 Frank Brooke entertains ~AL</p>	
<p>24 </p>	<p>25 9:30 Alpine Visits 11:00 Exercises 1:00 Workshop 1:30 Bible Stories with Jehovah's Witnesses 2:30 Bell Choir</p>	<p>26 9:30 Sensory Visits 10:00 Stand & Stretch 11:30 Outing: <i>Mall</i> 2:00 First Baptist Church 3:00 Bingo</p>	<p>27 10:00 Catholic Church 11:00 Exercises 1:30 Bingo & Tea 4:00 Diamond Cottage Meeting 6:00 Movie Night</p>	<p>28 10:30 Anglican Church 11:00 Choral Group 1:30 Sing-along with Onami ~Diamond 3:00 Bingo 3:15 Music in Diamond</p>	<p>29 10:00 Book Club 11:00 Chair Yoga 2:00 Celebration of Life Service & Tea 4:00 Falcon Ridge Cottage Meeting</p>	<p>30 1:30 Card Games</p>	