

Hilton Villa

Newsletter



Pictures from Hilton Villa



August Birthdays

If you were born between August 1–22, you are a Leo, the Lion. Creative and ambitious with a magnetic personality, Leos enjoy the spotlight. Warm, loving, and kind, they make loyal and honorable friends. Those born between August 23–31 are Virgos. Virgos are considered shy and sometimes naïve, private, and tidy. They are curious explorers who are incredibly loyal and well respected by their friends and colleagues.

- Kam C. – August 3.
- Pritpal B. – August 5.
- Diana P. – August 11.
- Dawahra Dee Dee G. – August 13
- Marjit O. – August 15.
- Sadhu J. – August 18.
- Ian Donald M.– August 19.
- Shab H. – August 21.
- Remedios B. – August 24.
- Arlene C.- August 29.

The Golden Age



August 21 is Senior Citizens Day, a day to recognize the importance of seniors and support them in their endeavors as they age. August 14 marks another significant day for older generations—Social Security

Day, a day honoring FDR's signing of the Social Security Act into law in 1935.

We should honor our seniors all year long, not just in August, but what makes this demographic so special? For one, there are a lot of them—over 62 million in America, or about 18 percent of the population. And research shows that seniors are more satisfied than the young. Perhaps it comes from a confidence born of living through the Great Depression and WWII. It may be that seniors finally have time to focus on enjoying the present rather than worry about the future. This might be the most valuable lesson we can learn from our senior friends!

Upcoming Events

Wednesday, 7th 10:30 a.m.
Resident & Family Council Meeting

Wednesday, 7th 12:00 p.m.
Garden Lunch at North Patio

Thursday, 8th 2:30 p.m.
South Resident's Birthday Party

Wednesday, 14th 2:30 p.m.
Hawaiian Party – South

Thursday, 15th 12:00 p.m.
Lunch Club (Chinese food)

Tuesday, 20th 2:30 p.m.
New Resident's Welcome Tea

Wednesday, 21st 2:30 p.m.
Hawaiian D Party -North

Thursday, 22nd 2:30 p.m.
North Resident's Birthday Party

Tuesday, 27th 11:30 a.m.
Picnic in the Park

Wednesday, 28th 2:30 p.m.
Happy Hour

Every Sundays 10:15 a.m.
Catholic Communion

Aloha Anniversary

Hawaii, a tropical paradise in the Pacific Ocean, is known for its stunning natural beauty, rich cultural heritage, and unique history. This year marks the 65th anniversary of Hawaii's statehood, a significant milestone in its journey as part of the United States.

Before becoming the 50th and final state on August 21, 1959, Hawaii's history is a tapestry of Indigenous Polynesian culture, European exploration, and colonialism. Captain James Cook's arrival in the late 18th century marked the beginning of significant Western influence on the islands. In the 19th century, Hawaii became a hub for the global sugar trade, attracting immigrant labor from China, Japan, Portugal, and the Philippines.

The road to statehood was not without challenges. Despite the islands' importance during World War II, it wasn't until after the war that momentum for statehood gained traction. In 1959, Hawaii joined the Union, becoming the first state with a majority Asian population and the only state composed entirely of islands.

Today, Hawaii is celebrated for its breathtaking landscapes—lush rainforests, cascading waterfalls, and pristine beaches with crystal clear waters. The islands are also home to unique flora and fauna found nowhere else on Earth, such as the endangered Hawaiian monk seal and the vibrant hibiscus flower, the state symbol.

Hawaii's cultural diversity is reflected in its cuisine, music, and festivals. Traditional Hawaiian luau feasts, ukulele melodies, and hula dancing are beloved cultural expressions that thrive alongside modern influences.

From Hawaii's ancient roots to its modern-day vibrancy, this unique state remains a cherished destination for travelers seeking adventure, relaxation, and the aloha spirit that permeates every corner of the islands.



How To Get Involved



Join us every month for our Resident & Family Council Meeting!

The meeting is held every month in the family room and via Zoom. This give the Residents and families a chance to express concerns, provide ideas and suggestions, as well as stay up to date on the inner workings of Hilton Villa.

*Join is & make your voice heard!
Check your email for Zoom Link.*

To Buzz or Not to Buzz



World Mosquito Day may fall on August 20, but what reason do we have to celebrate this annoying pest of an insect? Researchers are beginning to ask that very question. What would a world without mosquitoes look like? Would anyone miss them? Would ecosystems suffer? Mosquitoes, after all, have lived on Earth for hundreds of millions of years. Many animals rely on mosquitoes as a source of food. However, many scientists believe that any ecological disaster produced by their eradication would be worthwhile. The world would learn to live without the mosquito, and humans would suffer fewer diseases... although we'd have one less holiday to celebrate.

A Message from The Director of Care/Site Leader

We regret to inform you that the funding for the screeners, which has been an integral part of daily operations since the covid-19 pandemic will be coming to an end. The screener's last day will be on October 1st.

As we navigate this transition, we want to take a moment to express our heartfelt gratitude to our dedicated screeners. Since the early days of the pandemic, they have been on the front lines, ensuring the health and safety of everyone at our care community. Their commitment and professionalism have been instrumental in maintaining a safe environment for our residents, staff and visitors. Our screeners have performed health checks, facilitating smooth entry processes, and implementing safety protocols. Their efforts have not only helped us meet health guidelines but also provided peace of mind to our care community during those challenging times.

The Ministry's decision to end the funding for screeners was carefully considered and anticipated, given that the pandemic has largely been brought under control. We are deeply saddened to say goodbye to a team that has become like family to us. Their absence will surely be noticed by all who have interacted with them. While the end of this program marks a significant change, we remain committed to ensuring the safety and well-being of our care community. We invite you to join us in expressing your gratitude to our screeners over the coming weeks. Their hard work and dedication have left a lasting mark on our organization and we will miss their presence.

If you have any questions, please do not hesitate to reach out.

Joann Paler

Home Updates

Monthly Education

Emergency Response Code: July Severe Weather (Poster located on information Board).

Park Place Seniors Living Brochure:

- Ethical Decision Making#8
- Policy of Least – Restraint#19

**Hand Hygiene Audit – 100%(June 2024)
PPE Donning & Doffing-100%(June 2024)**

Volunteer Opportunities

Are you passionate about spending time with seniors and giving back to the community?

Hilton Villa is seeking enthusiastic volunteers to join our team! If you or someone you know would love to make a difference, please reach out to Mong

janevit@excelcarenursingservices.ca
or call 604-588-3424 extension 106 for more details.



13525 Hilton Road, Surrey BC. V3R 5J3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>AUGUST 2024 Hilton Villa Care Centre – North</p> <p>All Programs are subject to change or may be cancelled due to weather conditions.</p>						
				09:30 Room Visits 10:15 Table Games-N1 10:15 Music w/Jeff-N2 1:30 Walking Club 2:30 Ice-cream cart	09:30 Room Visits 10:15 Music w/Jeff-N1 10:15 Chair Exercise-N2 1:30 Walking Club 2:30 Ice-cream cart	09:30 Room Visits 10:15 Movie-N1 10:15 Noodle & Balloon Toss-N2 1:30 Walking Club 2:30 Bingo-N1 2:30 Movie-N2
09:45 Room Visits 10:15 Catholic Communion 1:30 Walking Club 2:30 Movie-N1 2:30 Bingo-N2	09:30 Room Visits 10:15 Chair Exercise-N1 10:15 Noodle & Balloon Toss - N2 1:30 Walking Club 2:30 Kirtan Prayer-N1 2:30 Ladies' club -N2	10:15 Sing along w/Mary -N1 10:35 Sing along w/Mary -N2 1:30 Aromatherapy 3:15 Walking club	09:45 Helping Hands 10:30 Resident & Family Council Meeting 12:00 Garden Lunch at Patio -NP 3:15 Walking Club	09:30 Garden Care 10:15 Music w/Jeff-N2 1:30 Walking club 2:30 Room Visits	09:30 Room Visits 10:15 Music w/Jeff-N1 10:15 Noodle & Balloon toss-N2 1:30 Walking Club 2:30 Ice-cream cart	09:30 Room Visits 10:15 Movie-N1 10:15 Noodle & Balloon Toss-N2 1:30 Walking Club 2:30 Bingo-N1 2:30 Movie-N2
09:45 Room Visits 10:15 Catholic Communion 1:30 Walking Club 2:30 Movie-N1 2:30 Bingo-N2	09:30 Room Visits 10:15 Chair Exercise-N1 10:15 Noodle & Balloon Toss-N2 1:30 Walking Club 2:30 Ice-cream cart	09:30 Room Visits 10:15 Creative Arts-N1 10:15 Manicure-N2 2:30 Creative Arts-N2 3:30 Walking Club	10:15 Room Visits-N1 10:15 Creative arts-N2 1:30 Walking Club 2:30 Movie	10:15 Table Games-N1 10:15 Music w/Jeff-N2 12:00 Lunch Club-F w/Jared 2:00 Table Games-N2 3:00 Walking Club	09:30 Room Visits 10:15 Music w/Jeff-N1 10:15 Chair Exercise-N2 1:30 Walking Club 2:30 Creative Arts-N1 2:30 Aromatherapy-N2	09:30 Room Visits 10:15 Movie-N1 10:15 Noodle & Balloon Toss-N2 1:30 Walking Club 2:30 Bingo-N1 2:30 Movie-N2
09:45 Room Visits 10:15 Catholic Communion 1:30 Walking Club 2:30 Movie-N1 2:30 Bingo-N2	10:15 Chair Exercise-N1 10:15 Noodle & Balloon Toss-N2 1:30 Walking Club 2:30 Ice-cream cart	09:45 Room Visits 10:15 Octaband 2:30 New Resident's Welcome Tea w/Gary-N1	09:30 Garden Care 1:30 Walking Club 2:30 Hawaiian Day-P Party w/Mv.	09:30 Room Visits 10:15 Men's Club-N1 10:15 Music w/Jeff-N2 1:30 Walking Club 2:30 North Resident's Birthday Party w/Shawn -N2	09:30 Room Visits 10:15 Balloon Toss-N1 10:15 Chair Exercise-N2 1:30 Walking Club 2:30 Trivia-N1 2:30 Kirtan Prayer-N2	09:30 Room Visits 10:15 Movie 1:30 Walking Club 2:30 Bingo-N1 2:30 Movie-N2
09:45 Room Visits 10:15 Catholic Communion 1:30 Walking Club 2:30 Movie-N1 2:30 Bingo-N2	10:15 Chair Exercise-N1 10:15 Noodle & Balloon Toss-N2 1:30 Walking Club 2:30 Kirtan Prayer-N1 2:30 Word Games-N2	09:45 Room Visits 11:30 Picnic in the Park 3:15 Walking Club	10:30 Catholic Mass 1:30 Walking Club 2:30 Happy Hour - SP w/Mv.	09:30 Room Visits 10:15 Armchair Travel-N1 10:15 Music w/Jeff-N2 3:00 Walking Club	09:30 Room Visits 10:15 Music w/Jeff-N1 10:15 Movie-N2 1:30 Walking Club 2:30 Ice-cream cart	09:30 Room Visits 1:30 Walking Club 2:30 Bingo-N1 2:30 Movie-N2

F – Family Room Basement North Building.

NP-North Patio.

SP- South Patio.

N1-first floor.

N2- Second floor.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				09:30 Noodle & Balloon toss 2:30 Ice-cream cart 5:45 Room Visits	11:30 Room Visits 1:30 Walking Club 3:00 Ice-cream cart 3:30 Music w/Jeff-s1 5:45 Garden Care	11:30 Room Visits 1:30 Walking Club 2:30 Bingo 5:45 Creative Arts
09:45 Room Visits 10:15 Catholic Communion 1:30 Walking Club 2:30 karaoke	09:30 Room Visits 10:15 Bingo 1:30 Walking Club 2:30 Aromatherapy	09:30 Room Visits 10:30 OLGC Mass 1:30 Manicure 2:30 Aromatherapy 3:15 Walking club 5:45 Word Games	09:45 Helping Hands 10:30 Resident & Family Council Meeting 12:00 Garden Lunch at Patio w /Gary -NP 3:15 Walking Club	09:30 Garden Care 10:15 Basketball 1:30 Walking club 2:30 South Resident's Birthday Party w/Shawn -SP 5:45 Trivia	11:30 Room Visits 1:30 Walking Club 2:30 Ice-cream cart 3:30 Music w/Jeff-s2 5:45 Garden Care	09:45 Room Visits 10:15 Balloon toss 1:30 Walking Club 2:30 Sing along w/Mary
09:45 Room Visits 10:15 Catholic Communion 1:30 Walking Club 2:30 Bingo	09:30 Room Visits 10:15 Chair Exercise-s1 1:30 Walking Club 2:30 Music w/Jeff-s2 3:15 Music w/Jeff-s1	09:30 Room Visits 10:00 Creative Arts 1:30 Manicure 3:30 Walking Club 5:45 Word Games	09:30 Room Visits 10:00 Aromatherapy 1:30 Walking Club 2:30 Hawaiian Party w/Mv. -SP 5:45 Table Games	10:00 Manicure 12:00 Lunch Club-F w/Jared 2:00 Aromatherapy 3:00 Walking Club	11:30 Room Visits 1:30 Walking Club 3:30 Music w/Jeff-s1 5:45 Garden Care	11:30 Room Visits 1:30 Walking Club 2:30 Bingo 5:45 Creative Arts
09:45 Room Visits 10:15 Catholic Communion 1:30 Walking Club 2:30 karaoke	09:30 Room Visits 10:15 Men's Club 1:30 Walking Club 2:30 Ice-cream cart	09:45 Room Visits 10:15 Bowling 2:30 New Resident's Welcome Tea w/Gary- N1 5:45 Aromatherapy	09:30 Garden Care 1:30 Walking Club 2:30 Room Visits 5:45 Word Games	09:30 Room Visits 10:15 Ladies' Club 1:30 Walking Club 2:30 Room Visits 5:45 Trivia	11:30 Room Visits 1:30 Walking Club 2:30 Bingo 5:45 Aromatherapy	11:30 Room Visits 1:30 Walking Club 2:30 Creative Arts 5:45 Garden Care
09:45 Room Visits 10:15 Catholic Communion 1:30 Walking Club 2:30 Bingo	10:15 Chair Exercise-s2 1:30 Walking Club 2:30 Karaoke	09:45 Room Visits 11:30 Picnic in the Park 3:15 Walking Club 5:45 Word Games	10:30 Catholic Mass 1:30 Walking Club 2:30 Happy Hour - SP w/Mv. 5:45 Table Games	09:30 Room Visits 10:15 Armchair Travel 3:00 Walking Club 5:45 Trivia	11:30 Room Visits 1:30 Walking Club 2:30 Ice-cream cart 3:30 Music w/Jeff-s2 5:45 Aromatherapy	11:30 Kirtan Prayer 1:30 Walking Club 2:30 Room Visits 5:45 Armchair Travel

F- Family Room Basement North Building. NP- North Patio. N1- North 1st. floor. SP- South Patio. S1-First floor.

S2-Second floor.