

The Scoop

Fort Langley Seniors Community



October 2024

By Mikayla Vander Helm, Recreation Manager BTR



WHAT'S NEW

TAKE A LOOK INSIDE

For updates in the community

UPCOMING EVENTS & PHOTOS

Upcoming events and check out photos!

SITE LEADER CORNER

Check-in from our Site Leader
- Erick

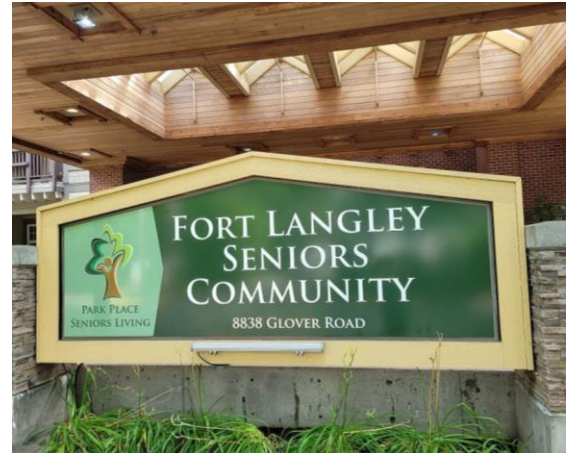
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Our Mission

What We Do

Park Place Seniors Living Strives to provide enriched life experiences to seniors through innovation and creativity.



Our Vision

Why We Exist

At Park Place Seniors Living we are committed to ensuring a “voice and a choice” for everyone we serve.

Subscribe

To receive our monthly newsletter with updates.

Are you receiving our monthly newsletter via email? If not, and you would like to please email: fortlangley.rectherapy@ppsl.com

Upcoming Events:

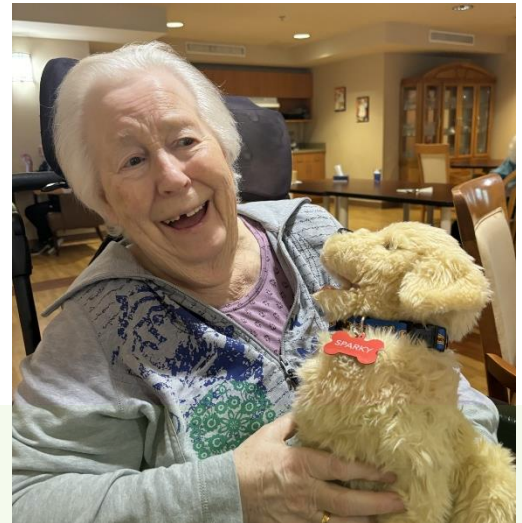
For the month of October

- ❖ Tuesday Oct 1 at 1:30pm – **Resident and Family Council Meeting**
- ❖ Friday October 4 & 18 at 11:00am – **Communion and Rosary Service with St. Nicholas Church**
- ❖ Sunday October 6, 13 and 20 – **Church Service with Evangelical and Living Waters** (Check activity calendar for service times)
- ❖ Tuesday October 8 and 22 at 1:30pm – **Piano Sing Along with Nita**
- ❖ Tuesday October 15 at 1:30pm – **Music with Gary and Friends**
- ❖ Friday October 25 at 3:15pm – **Music with Ravensong**
- ❖ Tuesday Oct 29 at 1:45pm – **Birthday Party with Gregg Gorrie!** (See page 8 for more details)
- ❖ Thursday Oct 31 – **Happy Halloween! Photo Booth and Halloween Howl Party**

Please check the daily activity board in each neighborhood

Programs are subject to change.

Pictures Out & About at FLSC



Home Updates

Resident & Family Council Meeting



Resident & Family Council

Please join us for our Monthly Resident and Family Council Meeting!

DATE: Tuesday
November 5
TIME: 1:30PM
PLACE: Great Room

Contact: Mikayla - Recreation & Volunteer Manager if you have any questions:
fortlangley.reetherapy@ppls.com

The poster features a grid background with the title in large blue letters. Below the title is an illustration of a woman in blue scrubs assisting an elderly man in a wheelchair. A yellow-bordered box contains the meeting details. At the bottom, there is a contact email and a small logo.

Flu Season Update

Flu season is coming, and we will be holding our flu clinic in late October 2024. Last season we had a decline in numbers for flu shots and covid vaccines with our flu shot compliance at 77%. Unfortunately, we did end up having an outbreak in early 2024. Please consider getting your family member immunized this season so we can prevent further outbreaks and protect our vulnerable residents. We will be calling soon for consent.

Amber Develder, Care Coordinator

Family Monthly Education

Park Place Seniors Living Brochure:

1. Safety First – I have a Safety Concern
2. Policy of Least - Restraint

(Brochures located in Lobby)



Code of the Month: October – Code Red – Fire

Site Leaders Corner

As we welcome the fall season, I want to inform you that Park Place Seniors Living will be undergoing our Quality Assurance Review with Fraser Health in this month. During this time, the Fraser Health team will be on-site to review our practices. This review helps us deliver the best possible care and services to our residents by going through our clinical practices and policies.

This QAR review is part of our ongoing commitment to quality improvement. Our team will be engaged in creating, reviewing, and implementing policies and procedures to ensure we continue to provide excellent care at Fort Langley Seniors Community. If you have any questions, please feel free to reach out to the Fort Langley Leadership Team.

As we approach the respiratory and flu season, we want to remind everyone at Fort Langley Seniors Community to stay vigilant about health and wellness.

To help protect our residents and staff, please remember to:

Get Vaccinated - Flu shots are available and highly recommended.

Practice Good Hygiene-Regular handwashing and using hand sanitizer can help prevent the spread of illness.

Stay Home if Unwell- If you or a loved one is feeling sick, please stay home to minimize exposure to others.

Our team is here to support you and answer any questions you may have. Together, we can ensure a safe and healthy season for all!

Thank you for your cooperation!

Erick Bautista, *Site Leader*

Contact Information *Fort Langley Seniors Community 604.888.0711*

<i>Site Leader</i>	Erick Bautista	Ext. 121	ebautista@ppsl.com
<i>Maintenance</i>	Mike Harnden	Ext. 124	fortlangley.maintenance@ppsl.com
<i>Support Services</i>	Jag Pahal	Ext. 125	jpahal@ppsl.com
<i>Admin Assistant</i>	Lynn Harrie	Ext. 100	lharrie@ppsl.com
<i>Care – Coordinator</i>	Amber Develder	Ext. 132	fortlangley.care-coordinator@ppsl.com
<i>HR Coordinator</i>	Komal Garala	Ext. 123	fortlangley.hr@ppsl.com
<i>Recreation & Volunteer Manager</i>	Mikayla Vander Helm	Ext. 126	fortlangley.rectherapy@ppsl.com
<i>Care Aide Liaison</i>	Lois Black	Ext. 127	lblack@ppsl.com
<i>Social Worker</i>	Jean Tuyisenge	Ext. 131	<i>fortlangley.socialworker@ppsl.com</i> <i>Onsite Monday, Thursday, and Fridays</i>
<i>Dietitian</i>	Caitlyn McNeil	Ext. 131	Fortlangley.dietitian@ppsl.com <i>Onsite Tuesday, Wednesday, and Thursdays</i>
<i>Occupational Therapist</i>	Jane Chang	Ext. 129	Jane.chang@saliusrehab.ca <i>Onsite Tuesdays and Thursdays</i>
<i>Physiotherapist Temp</i>	Janki Jariwala	Ext. 129	janki.jariwala@saliusrehab.ca <i>Onsite Tuesdays and Thursdays</i>
<i>Nurse 1</i> <i>Nurse 2</i>	Alder Cherry Willow Maple	Ext. 128 Ext. 160 Ext. 170 Ext. 221	Please call the extension for the correct neighborhood.



Thanksgiving DINNER MENU

MONDAY OCTOBER 14, 2022
AT 5:00PM

ROAST TURKEY WITH APPLE SAGE
STUFFING

GRAVY

ROASTED YAMS

FRESH VEGETABLES MEDLEY

PUMPKIN PIE & WHIPPED CREAM

Fun Corner

OCTOBER *Birthday* PARTY

Tuesday October
29th at 1:45PM with
Gregg Gorrie in
Alder

October BIRTHDAYS

Alva (Rosie) H - Oct 1

Jackson S - Oct 4

Karen L - Oct 4

Annette W - Oct 5

Gloria M - Oct 14

Annie (Nan) L - Oct 16

Karen K - Oct 26

Gail B - Oct 26

Ronnie S - Oct 28

Florence S - Oct 30

Support Services Appreciation

Monday Sept. 16



Appreciation

RCA of the Month: August – Raj



Staff Appreciation: Amber our Care-Coordinator handing out thank you treats!



BOTTLE RETURNS FOR STAFF APPRECIATION AND EVENTS!



Support our staff and upcoming events by recycling your bottles!

How It Works:



- Return bottles at any Return It depot.
- Use the number **604-888-0711** to print labels for your bags.
- No sorting needed—just print the label and apply it to your bag.

Need Help?

Drop off your bags at our facility, and we can handle them for you.



Thank you for
your support!



Other

Recreation Department Wishlist

- Individually pre-wrapped snack sized chocolate
– For Bingo Prizes
- Iron and Ironing board

Any donations can be given to the Greeters in the lobby

- Thank you

Welcome

Malcolm C

Birthday Party

All families welcome to join us for our monthly birthday party!

There will be drinks, cake and entertainment to celebrate our birthdays of the month!

See page 8 for details.



Our Values

Together we **STRIVE** for Excellence

S	T	R	I	V	E
Safety & Quality	Teamwork & Partnerships	Responsibility & Stewardship	Innovation & Creativity	Voices that are Respected	Empathy & Trust
By providing safe and healthy environments where care and service is effective, efficient and person-centered with a focus on continuous quality improvement.	By supporting and committing to each other to create a connected culture that brings out the best in everyone while achieving common goals.	By doing our best work, seeking help when needed and ensuring we are good stewards of the organization resources to ensure a sustainable future.	By creating opportunities for open conversations that encourages innovation and the sharing or creating ideas to enrich lives.	By placing our residents and families at the center of all we do by listening, respecting and responding to their needs, values and preferences.	By fostering trusting relationships through welcoming diversity, practicing acceptance and seeking to understand the experience and feelings of others.