



| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday  |
|--|--|---|---|---|--|---|
|    |  |   | 9:30 Balloon Toss 1F<br>10:45 Exercise 2F<br>11:00 Exercise 3F<br>2:00 New Years Day Trivia 2F<br>3:00 Doll Therapy 1F<br>6:00 Table Games 3F<br><small>New Year's Day</small>      | 2<br>Take Down Christmas Décor  | 3<br>Take Down Christmas Décor   | 4<br>Take Down Christmas Décor  |
| 9:30 Virtual Church Service 1F<br>10:45 News & Views 3F<br><b>2:00 Mens Club 1F</b><br>3:30 Room Visits 2F<br>5  | 9:45 Exercise 3F<br>10:30 Exercise 1F<br>11:00 Muscles in Motion 2F<br><b>1:30 BINGO CLUB 3F</b><br>3:00 Sensory Therapy 1F<br>6   | <b>9:50 Intergenerational Program 3F</b><br>10:45 Exercise 2F<br>11:00 Exercise 1F<br><b>2:00 Ladies Club 2F</b><br>3:00 Arts & Crafts 3F<br>6:00 Room Visits 1F<br>7               | 9:30 Balloon Toss 2F<br>10:45 Exercise 1F<br>11:00 Exercise 3F<br>2:00 Trivia 2F<br>3:00 Doll Therapy 1F<br>6:00 Table Games 3F<br>8  | 9:45 Exercise 1F<br>11:00 Exercise 2F<br><b>2:00 Ladder Ball 3F</b><br>3:00 Junk Drawer Detective 1F<br>6:00 Reminiscing 2F<br>9                        | 11:00 Exercise 1F<br>2:00 Music Appreciation 2F<br>3:30 Trivia 3F<br>6:00 Snoezelen Therapy 1F<br>10 | 11:00 Exercise 1F<br>2:00 Armchair Travel 3F<br>4:00 Room Visits 2F<br>6:00 Hand Massages 1F<br>11              |
| 9:30 Virtual Church Service 1F<br>10:45 News & Views 2F<br><b>2:00 Mens Club 1F</b><br>3:30 Room Visits 3F<br>12   | 9:45 Exercise 3F<br>10:30 Exercise 1F<br>11:00 Muscles in Motion 2F<br><b>1:30 BINGO CLUB 3F</b><br>3:00 Sensory Therapy 1F<br>13  | <b>9:50 Intergenerational Program 3F</b><br>10:45 Exercise 2F<br>11:00 Exercise 1F<br><b>2:00 Ladies Club 2F</b><br>3:00 Arts & Crafts 1F<br>6:00 Room Visits 3F<br>14              | 9:30 Balloon Toss 1F<br>10:45 Exercise 2F<br>11:00 Exercise 3F<br><b>2:00 Entertainment w/ Dave 1F</b><br>3:00 Doll Therapy 3F<br>6:00 Table Games 2F<br>15                         | 9:45 Exercise 1F<br>11:00 Exercise 3F<br><b>2:00 Bean Bag Toss 2F</b><br>3:00 Junk Drawer Detective 1F<br>6:00 Reminiscing 2F<br>16                     | 11:00 Exercise 1F<br>2:00 Music Appreciation 2F<br>3:30 Trivia 3F<br>6:00 Snoezelen Therapy 1F<br>17 | 11:00 Exercise 3F<br>2:00 Armchair Travel 1F<br>4:00 Room Visits 2F<br>6:00 Hand Massages 1F<br>18              |
| 9:30 Virtual Church Service 1F<br>10:45 News & Views 3F<br><b>2:00 Mens Club 1F</b><br>3:30 Room Visits 2F<br><small>Activity Professionals Week</small><br>19 | 9:45 Exercise 3F<br>10:30 Exercise 1F<br>11:00 Muscles in Motion 2F<br><b>1:30 BINGO CLUB 3F</b><br>3:00 Sensory Therapy 1F<br><small>Martin Luther King Jr. Day</small><br>20 | <b>9:50 Intergenerational Program 3F</b><br>10:45 Exercise 2F<br>11:00 Exercise 1F<br><b>2:00 Ladies Club 2F</b><br>3:00 Arts & Crafts 3F<br>6:00 Room Visits 1F<br>21              | 9:30 Balloon Toss 1F<br>10:45 Exercise 2F<br>11:00 Exercise 3F<br>2:00 Trivia 1F<br>3:00 Doll Therapy 2F<br>6:00 Table Games 3F<br>22   | 9:45 Exercise 1F<br>11:00 Exercise 3F<br><b>2:00 Chinese New Year Dance w/ Jessica 2F</b><br>3:00 Junk Drawer Detective 3F<br>6:00 Reminiscing 1F<br>23 | 11:00 Exercise 1F<br>2:00 Music Appreciation 3F<br>3:30 Trivia 2F<br>6:00 Snoezelen Therapy 1F<br>24 | 11:00 Exercise 1F<br>2:00 Armchair Travel<br>4:00 Room Visits<br>6:00 Hand Massages<br>25                       |
| 9:30 Virtual Church Service 1F<br>10:45 News & Views<br><b>2:00 Mens Club 1F</b><br>3:30 Room Visits<br><small>Australia Day (Observed)</small><br>26          | 9:45 Exercise 3F<br>10:30 Exercise 1F<br>11:00 Muscles in Motion 2F<br><b>1:30 BINGO CLUB 3F</b><br>3:00 Sensory Therapy<br>27   | <b>9:50 Intergenerational Program 3F</b><br>10:45 Exercise 2F<br>11:00 Exercise 1F<br><b>2:00 Entertainment w/ Richard Stepp 3F</b><br>3:00 Arts & Crafts<br>6:00 Room Visits<br>28 | 9:30 Balloon Toss 1F<br>10:45 Exercise 2F<br>11:00 Exercise 3F<br>2:00 Trivia<br>3:00 Doll Therapy<br>6:00 Table Games<br><small>Chinese New Year (Year of the Snake)</small><br>29 | 9:45 Exercise 1F<br>11:00 Exercise 2F<br><b>12:00 Lunch Club 2F</b><br><b>3:30 Bowling</b><br>6:00 Reminiscing 1F<br>30                                 | 11:00 Exercise 1F<br>2:00 Music Appreciation<br>3:30 Trivia<br>6:00 Snoezelen Therapy<br>31          | <b>Happy New Year!</b><br> |

1F= First Floor 2F= Second Floor 3F= Third Floor Please note: ACTIVITIES ARE SUBJECT TO CHANGE BASED ON AVAILABILITY AND STAFFING