



January 2025 ~Arbours



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>2 </p> <p>8:15 Morning Greetings</p> <p>10:00 Mindful Meditation </p> <p>2:00 Blackjack  21</p>	<p>3 </p> <p>Undecorating The Lounge </p>	
<p>5 </p> <p>Daily Chronicle</p> <p>2:00</p> <p>Sunday Church St Andrew's Presbyterian</p>	<p>6 </p> <p>8:15 Morning Greeting</p> <p>10:00 Fun & Fitness In the Fireside</p> <p>2:00 Neighbourhood Visits</p> <p>Daily Chronicle</p>	<p>7 </p> <p>8:15 Morning Greetings</p> <p>11:15 Catholic Mass</p> <p>2:00 Bocce Ball </p> <p>Daily Chronicle</p>	<p>8 </p> <p>8:15 Morning Greetings</p> <p>9:30 Walk The Block</p> <p>10:00 Sit & Dance</p> <p>2:00 Just Jim  In the Fireside</p>	<p>9 </p> <p>8:15 Morning Greetings</p> <p>10:00 Resident Council Meeting</p> <p>2:00 Creative Corner </p>	<p>10 </p> <p>8:15 Morning Greeting</p> <p>10:00 Fun & Fitness In the Fireside</p> <p>2:00 Jukebox  Favourites</p>	
<p>12 </p> <p>Daily Chronicle</p> <p>2:00 </p> <p>Sunday Church Church of God</p>	<p>13 </p> <p>8:15 Morning Greeting</p> <p>10:00 Fun & Fitness In the Fireside</p> <p>2:00 Neighbourhood Visits</p> <p>Daily Chronicle</p>	<p>14 </p> <p>8:15 Morning Greetings</p> <p>10:00 News & Views</p> <p>2:00 Bingo Bonanza </p> <p>Daily Chronicle</p>	<p>15 </p> <p>9:30 Walk The Block</p> <p>10:00 Balloon Volleyball </p> <p>2:00 Jam Factory In the Fireside </p>	<p>16 </p> <p>8:15 Morning Greetings</p> <p>10:00 Mindful Meditation </p> <p>2:00 Target Shoot </p>	<p>17 </p> <p>8:15 Morning Greeting</p> <p>10:00 Fun & Fitness In the Fireside</p> <p>2:00 Neighbourhood Visits</p> <p>Daily Chronicle</p>	
<p>19 </p> <p>Daily Chronicle</p> <p>2:00 </p> <p>Sunday Church New Life</p>	<p>20 </p> <p>8:15 Morning Greeting</p> <p>10:00 Fun & Fitness In the Fireside</p> <p>2:00 Annual Winter Tea </p>	<p>21 </p> <p>8:15 Morning Greetings</p> <p>10:00 Do you Recall?</p> <p>2:00 Bowling For Dollars </p> <p>Daily Chronicle</p>	<p>22 </p> <p>8:15 Morning Greetings</p> <p>9:30 Walk The Block</p> <p>10:00 Sit & Dance</p> <p>2:00 </p>	<p>23 </p> <p>8:15 Morning Greetings</p> <p>10:00 Mindful Meditation </p> <p>2:00 Fireside Photo Shoot </p>	<p>24 </p> <p>8:15 Morning Greeting</p> <p>10:00 Fun & Fitness In the Fireside</p> <p>2:00 Islanders  Performance</p>	
<p>26 </p> <p>Daily Chronicle</p> <p>2:00</p> <p>Sunday Church ShareWord Global</p>	<p>27 </p> <p>8:15 Morning Greeting</p> <p>10:00 Fun & Fitness In the Fireside</p> <p>2:00 Neighbourhood Visits</p>	<p>28 </p> <p>8:15 Morning Greetings</p> <p>10:00 News & Views</p> <p>2:00 Bingo Bonanza </p>	<p>29 </p> <p>10:00 Balloon Volleyball </p> <p>2:00 New Years Crafty </p>	<p>30 </p> <p>8:15 Morning Greetings</p> <p>10:00 Mindful Meditation </p> <p>2:00 Wheel Of Fortune </p>	<p>31 </p> <p>10:00 Fun & Fitness In the Fireside</p> <p>2:00 Too Much Chocolate  Daily Chronicle</p>	



January 2025 ~Meadows



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Happy New Year</i></p>		<p><i>Happy New Year</i></p>	<p>1 </p> <p>Happy New Years</p>	<p>2 </p> <p>2:00 </p> <p>Tai Chi with Dave 4th Floor</p>	<p>3 </p> <p>10:00 Fun & Fitness at the Arbours</p> <p>2:00 </p> <p>Dice Box</p>	
<p>5 </p> <p>2:00 </p> <p>Church Service St Andrew's Presbyterian at the Arbours</p>	<p>6 </p> <p>Undecorating The Lounge</p>	<p>7 </p> <p>11:15</p> <p>Catholic Mass @ Arbours</p>	<p>8 </p> <p>2:00</p> <p>Retro TV Matinee</p>	<p>9 </p> <p>2:00</p> <p>Blackjack</p>	<p>10 </p> <p>10:00 Fun & Fitness at the Arbours</p> <p>2:00 </p> <p>Play My Favourite Song</p>	
<p>12 </p> <p>2:00 </p> <p>Church Service Church of God at the Arbours</p>	<p>13 </p> <p>10:00 Fun & Fitness at the Arbours</p> <p>2:00</p> <p>BINGO</p>	<p>14 </p> <p>9:30 Breakfast Bonanza</p>	<p>15 </p> <p>2:00 </p> <p>Circle Of Friends</p>	<p>16 </p> <p>2:00 </p> <p>Tai Chi with Dave 4th Floor</p>	<p>17 </p> <p>10:00 Fun & Fitness at the Arbours</p> <p>2:00</p> <p>Left / Right Center Game</p>	
<p>19 </p> <p>2:00 </p> <p>Church Service New Life at the Arbours</p>	<p>20 </p> <p>10:00 Fun & Fitness at the Arbours</p> <p>2:00 </p> <p>Circle Of Friends</p>	<p>21 </p> <p>2:00 </p> <p>Bailey's & Ice Cream</p>	<p>22 </p> <p>2:00 </p> <p>Singalong With Dennis</p>	<p>23 </p> <p>2:00 </p> <p>Time Guesser</p>	<p>24 </p> <p>10:00 Fun & Fitness at the Arbours</p> <p>2:00 </p> <p>Wheel Of Fortune</p>	
<p>26 </p> <p>2:00 </p> <p>Church Service Share Word Global at the Arbours</p>	<p>27 </p> <p>10:00 Fun & Fitness at the Arbours</p> <p>2:00</p> <p>BINGO</p>	<p>28 </p> <p>BBQ Lunch</p> <p>2:00</p> <p>Tenant Meeting</p>	<p>29 </p> <p>2:00 </p> <p>Jan Matthews At the Meadows</p>	<p>30 </p> <p>2:00 </p> <p>Tai Chi with Dave 4th Floor</p>	<p>31 </p> <p>10:00 Fun & Fitness at the Arbours</p> <p>2:00 </p> <p>Yahtzee</p>	