


| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|--|---|---|--|---|--|---|
|  <h1>January 2025</h1> <h2>Calendar of Activities</h2>                                |   |   | No Recreation Programs<br><br><small>New Year's Day</small>             | <b>11:00 AM Catholic Mass (HH)</b><br><br>One on One Visits<br>2:00 PM – 3:30 PM  | <b>Christmas Tree Bag &amp; Decoration Delivery</b><br><br>Bread & Banter<br>2:00 PM (NS)<br>3:00 PM (HS)                                      | Pool Noodle Hockey<br>10:00 AM (OB)<br>11:00 AM (HS)  |
| <b>5</b><br>FIRST Categories<br>10:00 AM (PS)<br>11:00 AM (BS)   | <b>6</b><br>Balloon Badminton<br>10:00 AM (SP)<br>11:00 AM (EW)<br><br>One on One Visits<br>2:00 PM – 3:30 PM   | <b>7</b><br>Bird Visits (1 <sup>st</sup> FL)<br>10:00 AM – 11:30 AM<br><br>3:00 PM One on One Visits  | <b>8</b><br><b>Christmas Decorations Removal (HH &amp; Atrium)</b><br><br>2:00 PM Bingo (HH)   | <b>9</b><br><b>Christmas Tree &amp; Decoration Pick Up</b><br><br><b>Pic-TUNE-ary</b><br><b>2:00 PM (HH)</b>              | <b>10</b><br>Brain Fitness<br>10:00 AM (NS)<br>11:00 AM (HS)<br><br><b>Decoration Removal</b>  | <i>Travelogue: Oxford</i> <b>11</b><br><i>England</i><br>10:00 AM (OB)<br>11:00 AM (BS)<br><br>Basketball<br>2:00 PM (PS)<br>3:00 PM (EW)                 |
| <b>12</b><br>Catholic Mass<br>10:00 AM (SP)<br>11:00 AM (HS)<br><br>Televised Hymn Sing<br>1:30 PM (NS)<br>2:30 PM (BS)  | <b>13</b><br>Bean Bag Toss<br>10:00 AM (OB)<br>11:00 AM (EW)<br><br>2:00 PM Men's Group (HH)<br>2:00 PM Ladies' Tea (Captain's Galley)  | <b>14</b><br>Sensory Stimulation<br>Tuesday<br>10:00 AM – 11:00 AM                                    | <b>15</b><br>Seated Hula<br>10:00 AM (PS)<br>11:00 AM (HS)<br><br>2:00 PM Bingo (HH)   | <b>16</b><br>Calendar Flashback<br>10:00 AM (SP)<br>11:00 AM (BS)<br><br><b>2:00 PM Bible Study with Pastor Sieg (HH)</b> | <b>17</b><br>Mind Your Manners<br>10:00 AM (NS)<br>11:00 AM (EW)<br><br><b>2:00 PM Birthday Party with Dennis Toner (1<sup>st</sup> FL DR)</b> | <b>18</b><br>Floor Curling<br>10:00 AM (OB)<br>11:00 AM (HS)  |
| <b>19</b><br>Finishers Word Game<br>10:00 AM (PS)<br>11:00 AM (BS)<br><br><small>Activity Professionals Week</small>   | <b>20</b><br>Basketball<br>10:00 AM (SP)<br>11:00 AM (EW)<br><b>10:30 Resident &amp; Family Council (HH)</b><br>One on One Visits<br>2:00 PM – 3:30 PM<br><br><small>Martin Luther King Jr. Day</small> | <b>21</b><br>Bird Visits (1 <sup>st</sup> FL)<br>10:00 AM – 11:30 AM<br><br>3:00 PM One on One Visits | <b>22</b><br>Pool Noodle Exercise<br>10:00 AM (NS)<br>11:00 AM (HS)<br><br>2:00 PM Bingo (HH)  | <b>23</b><br><b>10:30 AM Multi-faith Service (HH)</b><br><br>Hand Massage and Manicures<br>2:00 PM – 3:30 PM              | <b>24</b><br><b>11:30 Robby Burns (HH)</b>   | <i>Travelogue: Scottish</i> <b>25</b><br><i>Highlands</i><br>10:00 AM (OB)<br>11:00 AM (BS)<br><br>Chinese New Year Craft<br>2:00 PM (PS)<br>3:00 PM (EW) |
| <b>26</b><br>Catholic Mass<br>10:00 AM (SP)<br>11:00 AM (HS)<br><br>Televised Hymn Sing<br>1:30 PM (NS)<br>2:30 PM (BS)<br><br><small>Australia Day (Observed)</small> | <b>27</b><br>Boom Whackers<br>10:00 AM (OB)<br>11:00 AM (EW)<br><br>Bread & Banter<br>2:00 PM (PS)<br>3:00 PM (HS)  | <b>28</b><br>Sensory Stimulation<br>Tuesday<br>10:00 AM – 11:00 AM                                    | <b>29</b><br>Seated Tai Chi<br>10:00 AM (SP)<br>11:00 AM (BS)<br><br>2:00 PM Jackpot Bingo (HH)<br><br><small>Chinese New Year (Year of the Snake)</small> | <b>30</b><br>One on One Visits<br>10:00 AM – 11:30 AM<br><br>House of Memory<br>2:00 PM (NS)<br>3:00 PM (EW)              | <b>31</b><br>Bean Bag Toss<br>10:00 AM (OB)<br>11:00 AM (HS)<br><br>2:00 PM Snakes & Ladders (HH)  |   |

CALENDAR IS SUBJECT TO CHANGE. PLEASE CHECK THE WHITEBOARD BY THE NURSES STATION FOR CHANGES

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday                   |
|--|---|--|---|---|---|----------------------------|
|  <h1>January 2025</h1> <p>FAIRWINDS</p> |   |  | No Recreation Programs<br><br>New Year's Day | 11:00 AM Catholic Mass (HH)<br><br>Hand Massages<br>1:15 PM – 1:45 PM<br><br>4:00 PM Hymn Sing                    | 4:00 PM Adult Colouring   | 4:00 PM Pool Noodle Hockey |
| 4:00 PM Guess the Sound  | Hand Massages<br>1:15 PM – 1:45 PM<br><br>4:00 PM Balloon Badminton   | Bird Visits (1 <sup>st</sup> FL)<br>10:00 AM – 11:30 AM<br><br>4:00 PM Hot Potato    | 4:00 PM Seated Disco Dancing  | <b>Pic-TUNE-ary</b><br><b>2:00 PM (HH)</b><br><br>4:00 PM 1950's & 1960's Novelty Songs                           | 4:00 PM Collage Detective: Winter   | 4:00 PM House of Memories  |
| 3:30 PM Eldercare Worship Service  | 4:00 PM Bean Bag Toss   | Sensory Stimulation Tuesday<br>10:00 AM – 11:00 AM<br><br>4:00 PM Seniors Sing Along | 10:00 AM One on One Visits<br><br>4:00 PM Seated Disco Dancing  | <b>2:00 PM Bible Study with Pastor Sieg (HH)</b><br><br>4:00 PM Remembering Etta James Music                      | <b>2:00 PM Birthday Party with Dennis Toner (1<sup>st</sup> FL DR)</b><br><br>4:00 PM Hymn Sing | 4:00 PM Pool Noodle Hockey |
| 4:00 PM Seniors Sing Along<br><br><small>Activity Professionals Week</small>   | Hand Massages<br>1:15 PM – 1:45 PM<br><br>4:00 PM Basketball<br><br><small>Martin Luther King Jr. Day</small> | 4:00 PM Guess the Sound  | 4:00 PM Pool Noodle Exercise  | <b>10:30 AM Multi Faith Service (HH)</b><br><br>Hand Massages<br>1:15 PM – 1:45 PM<br><br>4:00 PM Adult Colouring | 4:00 PM Balloon Badminton   | 4:00 PM Craft              |
| 3:30 PM Eldercare Worship Service<br><br><small>Australia Day (Observed)</small>   | 4:00 PM Boom Whackers   | Sensory Stimulation Tuesday<br>10:00 AM – 11:00 AM<br><br>4:00 PM Seniors Sing Along | 4:00 PM Seated Tai Chi<br><br><small>Chinese New Year (Year of the Snake)</small>   | 4:00 PM Hymn Sing   | Hand Massages<br>1:15 PM – 1:45 PM<br><br>4:00 PM Bean Bag Toss                                 |                            |

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