

THERAPEUTIC RECREATION MONTH

February 2025



VILLA MARGEURITE

SILENT AUCTION

***Start collecting your REC BUCKS Feb 3-26th (See poster for details)**

<p>2:30 pm Karaoke (C) 2</p> <p>3:45 pm Active Engagement Visits</p> <p>7:00 pm Documentary (RR)</p> <p> Groundhog Day</p>	<p>10:15 am Holy Communion (C) 3</p> <p>10:45 am Calm Your Mind (RR)</p> <p>1:10 pm Men's Group (RR)</p> <p>2:00 pm Bowling (RR)</p> <p>3:30 pm Manicures (RR)</p> <p>5:45 pm Billiards (PR)</p> <p>7:00 pm Name That 60's Tune (RR)</p>	<p>9:30 am 1-1 visits 4</p> <p>10:30 Devotions (C)</p> <p>3:30 pm Junk Drawer Detective(C)</p> <p>3:30 pm Dice Games (RR)</p> <p>5:45 pm Hockey Shoot Out (RR)</p> <p>7:00 pm Board Games</p>	<p>9:45 am Your Voice Home Quality Resident & Family Council Meeting (C) 5</p> <p>10:30am 1-1 Visits</p> <p>3:30 pm Singalong (RR)</p> <p>3:30 pm Cribbage (C)</p> <p>5:45 pm Short Stories (RR)</p> <p>7:00 pm BINGO (RR)</p>	<p>10:30 am Music Appreciation (RR) 6</p> <p>1:10 pm Boggle (RR)</p> <p>2:00 pm Newsletter Group (C)</p> <p>2:00 pm Watercolor Painting (RR)</p> <p>3:30 pm Who? What? When? Why? (RR)</p> <p>3:30 pm Manicures (RR)</p> <p>7:00 pm Physical Games (RR)</p>	<p>7</p> <p>1:10 pm Trivia (RR)</p> <p>2:00 pm Bible Readings (C)</p> <p>3:30 pm Yahtzee (RR)</p> <p>4:15 pm Active Engagement Visits</p> <p>7:00 pm Karaoke (RR)</p>	<p>2:30 pm BINGO 8</p> <p>3:45 pm Adaptive Yoga (RR)</p> <p>7:00 pm Chinese New Year Activity (RR)</p>
<p>9</p> <p>2:30 pm "Love Songs" Karaoke (C)</p> <p>3:45 pm Active Engagement Visits (RR)</p> <p>7:00 pm Jeopardy (RR)</p>	<p>10:30 am Holy Communion (C) 10</p> <p>10:30am Valentine's Candy Grams (RR)</p> <p>1:00 pm Men's Group (RR)</p> <p>2:00 pm Valentines Baking (NYK)</p> <p>3:30 pm Manicures (RR)</p> <p>5:45 pm Walking Program(RR)</p> <p>7:00 pm Valentines Card Making (RR)</p> <p>7:00 pm Billiards (PR)</p>	<p>9:30 am 1-1 visits 11</p> <p>10:30 am Devotions (C)</p> <p>1:10 pm Card Games (RR)</p> <p>1:30 pm Meditative Colouring (NYK)</p> <p>2:00 pm Valentines Craft (RR)</p> <p>3:30 pm Active Engagement Visits</p> <p>3:30 pm Bowling (RR)</p> <p>5:45 pm Ladder Golf (RR)</p> <p>7:00 pm Love Stories & Hot Chocolate Social (C)</p>	<p>10:30 am Valentines Trivia (RR) 12</p> <p>2:00 pm Sweethearts Dance w/ Kennedy Jensen (C)</p> <p>3:30 pm Name That "LOVE" Tune (RR)</p> <p>5:45 pm Drawing (RR)</p> <p>7:00 pm BINGO</p> <p>Tu B'Shevat Begins</p>	<p>10:30 am Walking Program 13</p> <p>1:10 pm Music Appreciation (RR)</p> <p>2:00 pm Crafts (RR)</p> <p>3:30 pm Who? What? When? Why? (RR)</p> <p>3:30 pm Manicures (C)</p> <p>7:00 pm Scrabble (RR)</p>	<p>10:45 am Daily Chronicles (RR) 14</p> <p>1:10 pm Trivia (RR)</p> <p>2:00 pm Bible Readings (C)</p> <p>3:30 pm Yahtzee (RR)</p> <p>4:15 pm Active Engagement Visits</p> <p>7:00 pm Karaoke (RR)</p> <p>Valentine's Day</p>	<p>2:30 pm BINGO 15</p> <p>3:45 pm Adaptive Yoga (RR)</p> <p>7:00 pm Open Activity (C)</p>
<p>2:30 pm Jeopardy (RR) 16</p> <p>3:45 pm 1-1 Visits</p> <p>7:00 pm Romance Movie (RR)</p> <p> HAPPY VALENTINE'S DAY</p>	<p>17</p> <p> family day</p> <p>Presidents' Day (U.S.)</p>	<p>18</p> <p>10:30 am Devotions (C)</p> <p>1:10 pm Music Appreciation (RR)</p> <p>2:00 pm Meditative Coloring (RR)</p> <p>3:30 pm Walking Program</p> <p>3:30 pm Ring Toss (RR)</p> <p>5:45 pm 1-1 Visits</p> <p>7:00 pm Hot Chocolate Social (RR)</p>	<p>10:30 am R.C. Mass (C) 19</p> <p>1:10 pm Trivia (RR)</p> <p>2:00 pm Milestones (C)</p> <p>3:30pm Active Engagement Visits</p> <p>5:45 pm Dice Games (RR)</p> <p>7:00 pm BINGO (RR)</p>	<p>10:30 am Walking Program 20</p> <p>1:10 pm Music Appreciation (RR)</p> <p>2:00 pm Corn Hole (RR)</p> <p>3:30 pm Who? What? When? Why? (RR)</p> <p>3:30 pm Manicures (C)</p> <p>7:00 pm Games Night (RR)</p>	<p>10:45 am Daily Chronicles (RR) 21</p> <p>1:10 pm Recreation Focus Group(C)</p> <p>2:00 pm Bible Readings (C)</p> <p>3:30 pm Yahtzee (RR)</p> <p>4:15 pm Active Engagement Visits</p> <p>7:00 pm Karaoke (RR)</p>	<p>2:30 pm BINGO (RR) 22</p> <p>3:45 pm Spiritual Reflections (C)</p> <p>7:00 pm Open Activity (RR)</p>
<p>2:30 pm Karaoke (C) 23</p> <p>3:45 pm Active Engagement Visits</p> <p>7:00 pm Documentary (RR)</p>	<p>24</p> <p>10:15 am Holy Communion (C)</p> <p>1:10 pm Men's Group (RR)</p> <p>3:30 pm Manicures (RR)</p> <p>5:45 pm Billiards (PR)</p> <p>7:00 pm Name That 70's Tune</p>	<p>25</p> <p>10:30 am Devotions (C)</p> <p>11:00 am Grilled Cheese and Soup Lunch Group (NYK) (Sign up with Rec)</p> <p>3:30 pm Ring Toss (RR)</p> <p>5:45 pm 1-1 Visits</p> <p>7:00 pm Billiards (PR)</p>	<p>PINK SWEET DAY 26</p> <p>10:00am Trivia (RR)</p> <p>1:10 pm Balloon Volleyball (RR)</p> <p>2:00 pm Valentine Word Search (RR)</p> <p>3:30 pm Boggle (RR)</p> <p>5:45 pm Watercolor Painting (RR)</p> <p>7:00 pm BINGO (RR)</p>	<p>27</p> <p>2:00 pm- 4:00 pm Recreation Auction (C)</p> <p>AUCTION</p> <p>7:00 pm Movie Night (RR)</p>	<p>10:45 am Daily Chronicles (RR) 28</p> <p>1:10 pm Mind Joggers (RR)</p> <p>2:00 pm Bible Readings (C)</p> <p>4:00 pm 1-1 Visits</p> <p>7:00 pm Singalong (C)</p> <p>Ramadan Begins</p>	<p>LEGEND</p> <p>C- Chapel P- Patio MDR- Main Dining Room L-Lobby G-Gym RR-Red Room NYK- New York Kitchen PCK- Paris Court Kitchen O- Outside (front door)</p> <p>MEALTIMES</p> <p>Breakfast 8:00 am – 8:45 am</p> <p>Lunch 11:30 am – 12:30 pm</p> <p>Supper 4:30 pm – 5:30 pm</p>

Programs are subject to change with out notice. Please see white boards daily.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Legend:

LL- Lower Level
M- Main Floor
2nd- 2nd Floor
3rd- 3rd Floor
P- Patio
C- VM Chapel

MEALTIMES

Breakfast 8:00 am – 8:45 am
Lunch 11:30 am – 12:30 pm
Supper 4:30 pm – 5:30pm

THERAPEUTIC RECREATION MONTH

February 2025

WEST WING



1 – 1 Visits Daily (All Floors)
5:45 pm Chinese New Year Activity (LL) (All flrs) (w/ HCA's)
7:00 pm The Price is Right (TV)

1 – 1 Visits Daily (All Floors)
1:10 pm Karaoke (LL) (All Flrs) (w/ HCA's)
Groundhog Day

9:30 am Holy Communion (All Flrs)
10:30 am Fun & Fitness (LL) (All Flrs) (w/ HCA's)
1:10 pm Bean Bag Toss (3rd)
2:00 pm Balloon Volleyball (2nd)
3:00 pm Valentine Craft (M)
4:00 pm 1-1 Visits (2nd)
5:45 pm Sing a long love song (LL) (w/ HCA's)

9:30 am 1-1 Visits (LL)
10:30 am Walking Program (All Flrs)
3:30 pm Valentine Craft (2nd)
5:45 pm Bowling (LL) (All Flrs) (HCA ASSISTED)

10:30 am Fun & Fitness (LL) (All Flrs) (w/ HCA's)
1:10 pm Valentine Craft (3rd)
1:10 pm Love Song Music Appreciation (M)
3:30 pm Dice Games (M)
5:45 pm Bingo (All Flrs) (HCA ASSISTED)

9:30 am 1-1 Visits(M)
10:30 am Fun & Fitness (LL) (All Flrs) (w/ HCA's)
12:30 pm Dice Games (3rd)
12:30 pm Robotic Pet Therapy (LL)
12:30 pm Doll Therapy (2nd)
1:30 pm Short Love Stories (M)
3:30 Spiritual Reflections (3rd)
5:45 Games Night LL all flrs (w HCA's)

9:30 am Memory Matching (2nd)
10:30 am Fun & Fitness (LL) (All Flrs) (w/ HCA's)
1:00-3:00 Drop In Open Activity (LL) all Floors w HCA's W/HCA's (All Flrs)
3:30 Junk Drawer Detective (M)

1 – 1 Visits Daily (All Floors)
5:45 pm Karaoke Love Songs (LL) (All flrs) (w/ HCA's)
7:00 pm The Price is Right (TV)

Therapeutic Recreation theme week ahead: Exploring the 5 domains; Spiritual, Physical, Social, Cognitive, Emotional
1 – 1 Visits Daily (All Floors)
1:10 pm Hymns of Faith (LL) (All Flrs) (w/ HCA's)

9:30 am Holy Communion (All Flrs)
10:30 am Fun & Fitness (LL) (All Flrs) (w/ HCA's)
1:10pm Manicures (LL)
2:00 pm Spiritual Reflections (3rd)
3:00 pm Sensory Activity (2nd)
4:00 pm Valentine Craft (LL)
5:45 pm Bowling with Recreation Therapy introduction and Rollout (LL) (All Flrs) (w/ HCA's)

9:30 am 1:1 visits (3rd)
10:30 am Walking Program (All Flrs)
1:10pm Physical Games LL (All Flrs) (w/ HCA's)
2:30 Short Stories (2nd)
2:30 Jigsaw Puzzles (M)
5:45 Romance Movie and Recreation Therapy Awareness (LL) All Flrs- w HCA's

9:30 am Sensory Activity (M)
10:30 am Memory Matching (3rd)
1:15 pm Manicures (2nd)
1:00 pm Valentine Baking (M)
2:30 pm Memory Café (LL) (All Flrs) (w/ HCA's)
3:45 pm 1:1 Visits (3rd)
5:45 pm Bowling and Short Trivia-Recreation Therapy (LL) (All Flrs) (w/ HCA's)
Tu B'Shevat Begins

9:30 Recreation Therapy Picture Game (M)
10:30 am Walking & Wheeling (All flrs) w(HCA's)
1:30-2:30 Valentine's Party with Live Entertainment (LL) All Flrs- w HCA's
3:30 1:1 Visits (M)
3:30 Active Engagement (2nd)
5:45 Love Song sing-along LL (all flrs) w hca's

10:30 Recreation Therapy Round Up with Fun & Fitness (LL) (All Flrs) (w/ HCA's)
1:00 pm – 3:00 pm Drop in Open Activity (LL) (All Flrs)
3:30 Spiritual Reflections (M)
Valentine's Day

1 – 1 Visits Daily (All Floors)
5:45 pm Bingo (LL) (All flrs) (w/ HCA's)
7:00 pm The Price is Right (TV)

1 – 1 Visits Daily (All Floors)
5:45 pm Karaoke (LL) (All Flrs) (w/ HCA's)

family day
Presidents' Day (U.S.)

9:30 Bits and Pieces (2nd)
10:30 Fun and Fitness (LL) All Flrs w HCA's
1:10 Manicures (3rd)
1:10 Meditative Coloring (M)
2:00 Valentine Baking (3rd)
3:30 Bean Bag Toss (LL)

10:30 am Roman Catholic Mass (C) (All Flrs) (HCA ASSISTED)
12:45 pm Valentine Baking (2nd)
1:00 pm Robotic Pet Therapy (3rd)
1:30 pm Men's Den (LL) (All Flrs)
2:30 pm Valentine Baking (LL)
3:30 pm Sensory Activity (M)
5:45 Ladder ball (LL) All flrs w hcas

9:30 am Robotic Pet Therapy (LL)
10:30 am Pool Noodle Vball (LL) (All Flrs) (w/ HCA's)
12:30 pm Snakes & Ladders (2nd)
12:30 pm Sensory Activity (3rd)
2:00pm Milestones (LL) (All Flrs)
3:15 pm 1-1 Visits (M)
5:45 pm Bingo (LL) (All Flrs) (w/ HCA's)

9:30 am Meditative Coloring (M)
10:30 am Fun & Fitness (LL) (All Flrs) (w/ HCA's)
1:00 pm – 3:00 pm Drop in Open Activity (LL) (All Flrs)
4:00 pm 1:1 Name that tune (2nd)

1 – 1 Visits Daily (All Floors)
5:45 pm Karaoke (LL) (All flrs) (w/ HCA's)
7:00 pm The Price is Right

1 – 1 Visits Daily (All Floors)
1:10 pm Hymns of Faith (LL) (All Flrs) (w/ HCA's)

9:30 am Holy Communion (All Flrs)
1:00 Fun and Fitness LL (all flrs) w hca's
1:45 pm Alex Janvier School Program LL- all flrs (w/ HCA's)
5:45 Karaoke (LL) (All Flrs) (W HCA's)

9:00 am Coloring (2nd)
10:30 am Walking Program w HCA's
1:10 pm Large Group Activity (LL) w hca's
3:30 pm Card Games (M)
3:30 pm Manicures (2nd)

PINK SHIRT DAY
9:30 am Memory Matching (3rd)
10:30 am Fun & Fitness (LL) (All Flrs) (w/ HCA's)
1:10 pm Puzzles (M)
1:10 pm Dice Games (2nd)
2:30 pm Manicures (M)
3:00 pm 1:1 Visits (3rd)
3:30pm Sensory Activity (M)
5:45 pm Bean Bag Toss (LL) (All Flrs) (w/ HCA's)

10:30 am Fun & Fitness (LL) (All Flrs) (w/ HCA's)
5:45 pm Games Night (LL) (All Flrs) (w/ HCA's)

9:30 am Jigsaw puzzles (3rd)
9:30 am Bits and Pieces (2nd)
10:30 am Fun & Fitness (LL) (All Flrs) (w/ HCA's)
1:00 pm – 3:00 pm Drop in Open Activity (LL) (All Flrs)
Ramadan Begins



Programs are subject to change with out notice. Please see white boards daily.

Recreation programs in BLACK

HCA activities in BLUE

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Therapeutic Recreation Month

February 2025

Sprucewood Place

Recreation Auction: Feb. 25th

Collect REC BUCKS Feb. 1st-24th
(See poster for details)

<p>1:15pm Devotions (104) 2:30pm Cribbage (DR) 3:30pm Karaoke (DR) 6:15pm Manicures (301)</p>  <p>Groundhog Day</p>	<p>2 TR MONTH INTRO</p> <p>10:00am Fun & Fitness (201) 1:15pm TR Month Intro. (DR) 2:15pm Craft (301) 3:30pm Colouring (301) 4:30pm 1-1s 6:15pm Bingo (DR) 7:45pm Active Engagement Visits</p> 	<p>3 PHYSICAL</p> <p>10:00am Dancercise (201) 11:00am Billiards (301) 1:15pm Dice Games (104) 3:00pm TR Month Games (DR) 4:00pm 1-1s 6:15pm Badminton (201) 7:30pm Open Activity (DR)</p> 	<p>4 PHYSICAL</p> <p>10:00am Virtual Catholic Mass (DR) 1:15pm Seated Yoga (201) 2:30pm Axe Throw (201) 3:00am Indoor Walking Group (Lobby) 4:00pm Active Engagement Visits</p>	<p>5 PHYSICAL</p> <p>10:00am Fun & Fitness (201) 11:00am Ladder Golf (201) 1:15pm 1-1s 2:00pm Bean Bag Toss (201) 3:30pm Karaoke (DR)</p> 	<p>6 SOCIAL FRIDAY</p> <p>10:00am Seated Yoga (201) 11:00am Billiards (301) 1:15pm Calm Your Mind (201) 1:15pm Armchair Travels (104) 2:00pm Ladies Group (DR) 6:15pm Bingo (DR) 7:45pm Active Engagement Visits</p>	<p>7</p> <p>1:15pm Baking Group (104) 3:00pm Chinese New Year Word Games/Trivia (DR) 6:15pm Movie Night (DR) 7:45pm 1-1s</p> 								
<p>1:15pm Spiritual Reflections (104) 2:00pm Famous Faces (104) 3:30pm Jeopardy (DR) 6:15pm Billiards (301) 7:45pm Name that Tune (DR)</p> 	<p>9 EMOTIONAL/CREATIVE</p> <p>11:00am Fun & Fitness (201) 1:15pm Men's Group (DR) 2:30pm Painting Afternoon (301) 6:15pm Bingo (DR) 7:45pm Active Engagement Visits</p> 	<p>10 EMOTIONAL/CREATIVE</p> <p>10:00am Creative Doodle (301) 11:00am Devotions (104) 2:00pm Sweetheart Dance ft. Matt Grier 6:15pm Name that Love Tune (DR) 6:30pm 1-1s 7:30pm Open Activity (DR)</p> 	<p>11 EMOTIONAL/CREATIVE</p> <p>10:00am Virtual Catholic Mass (DR) 11:00am TR Month Games (DR) 1:15pm 1-1s 2:00pm Valentines Baking (104) 6:15pm Karaoke (DR) 7:30pm Puzzling Group (301)</p> <p>Tu B'Shevat Begins</p>	<p>12 EMOTIONAL/CREATIVE</p> <p>10:00am Seated Yoga (201) 11:00am Gratitude Journaling (104) 2:00pm Virtual Tour (DR) 3:30pm Valentines Card Making (301) 6:15pm Music Appreciation (DR) 7:15pm Mad Libs (DR)</p>	<p>13 EMOTIONAL/CREATIVE</p> <p>10:00am Seated Yoga (201) 11:00am Gratitude Journaling (104) 2:00pm Virtual Tour (DR) 3:30pm Valentines Card Making (301) 6:15pm Music Appreciation (DR) 7:15pm Mad Libs (DR)</p>  <p>Valentine's Day</p>	<p>14 SOCIAL FRIDAY</p> <p>10:00am Virtual Tour (DR) 1:30pm Valentines Day Candy Grams (DR) 3:30pm Music Appreciation (DR) 6:15pm Bingo (DR) 7:30pm Active Engagement Visits</p> 								
<p>1:15pm Bible Readings (104) 2:30pm Billiards (301) 3:15pm Dice Games (104) 4:30pm Supper Group (104) 6:15pm Bingo (DR) 7:45pm Active Engagement Visits</p> 	<p>16</p> <p>FAMILY DAY</p> 	<p>17 COGNITIVE</p> <p>10:00am Seated Yoga (201) 11:00am Dice Games (301) 1:15pm Memory Matching (301) 2:30pm Your Voice Meeting (DR) 2:45pm Board Games (301) 4:00pm Cribbage (DR) 6:15pm Open Activity (DR) 7:30pm Guided Relaxations (104)</p> 	<p>18 COGNITIVE</p> <p>10:00am Virtual Catholic Mass (DR) 1:15pm 1-1s 2:00pm TR Month Games (DR) 3:30pm Junk Drawer Detective (301) 4:15pm Word Games (DR)</p>	<p>19 COGNITIVE</p> <p>10:00am Manicures (301) 11:00am Jeopardy (301) 1:15pm Recreation Focus Group (DR) 2:00pm Biographics (301) 3:00pm Ladies Group (DR) 4:00pm 1-1s</p>	<p>20 COGNITIVE</p> <p>10:00am Seated Yoga (201) 11:00am News & Views (104) 1:15pm TR Month Games (DR) 2:00pm Milestones (DR) 6:15pm Bingo (DR) 7:45pm Active Engagement Visits</p>	<p>21 SOCIAL FRIDAY</p> <p>1:15pm Baking Group (104) 3:00pm Memory Matching 4:00pm Calm Your Mind (104) 6:15pm Documentary (DR) 7:30pm Ladder Golf (201)</p>								
<p>22</p> 	<p>23 SPIRITUAL</p> <p>10:00am Dancercise (201) 11:00am Hymn Sing (301) 1:15pm Bible Readings (104) 2:30pm TR Month Games (DR) 3:30pm Music Appreciation (DR) 6:15pm Bingo (DR) 7:45pm Active Engagement Visits</p> 	<p>24 SPIRITUAL</p> <p>10:00am Guided Relaxations (201) **2:00pm-4:00pm** **RECREATION AUCTION** 6:15pm Billiards (301) 7:15pm Spiritual Reflections (104) 7:30pm 1-1s</p>	<p>25 SPIRITUAL</p> <p>Pink Shirt Day - Anti-bullying</p> <p>10:00am Virtual Catholic Mass (DR) 1:15pm Healing Sounds (104) 2:30pm Karaoke (DR)</p> 	<p>26 SPIRITUAL</p> <p>10:00am Fun & Fitness (201) 11:00am Bible Readings (104) 3:30pm Men's Group (DR) 6:15pm Virtual Concert (DR) 7:45pm Open Activity (DR)</p> 	<p>27 SOCIAL FRIDAY</p> <p>10:00am Seated Yoga (201) 1:15pm Armchair Travels (104) 2:30pm Board/Card Game Social (DR) 6:15pm Bingo (DR) 7:45pm Active Engagement Visits</p> <p>Ramadan Begins</p>	<p>28</p> <p>LOCATIONS:</p> <p>DR – Dining Room O – Outside 104, 201, 301 - Rooms</p> <p>MEALTIMES</p> <table border="1"> <tr> <td>FIRST SITTING</td> <td>SECOND SITTING</td> </tr> <tr> <td>Breakfast 8:00-8:40am</td> <td>8:50-9:30am</td> </tr> <tr> <td>Lunch 11:45am-12:25pm</td> <td>12:35-1:15pm</td> </tr> <tr> <td>Supper 4:45-5:25pm</td> <td>5:35-6:15pm</td> </tr> </table>	FIRST SITTING	SECOND SITTING	Breakfast 8:00-8:40am	8:50-9:30am	Lunch 11:45am-12:25pm	12:35-1:15pm	Supper 4:45-5:25pm	5:35-6:15pm
FIRST SITTING	SECOND SITTING													
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Programs are subject to change, please see whiteboards for daily activities.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

THERAPEUTIC RECREATION MONTH




February 2025

New York Safe Living



1 – 1 Visits Daily 1

1:10 pm Chinese New Year Activity (S) 

7:00 pm **The Lawrence Welk Show (TV)**

1 – 1 Visits Daily 2

5:45 pm Dancercise (TV)



Groundhog Day

9:30 am Fun & Fitness (TV) 3

10:15 am Holy Communion

1:10 pm **Valentine Heart Art**



9:45 am Hymns of Faith (TV) 4

10:30 am Walking/Wheeling Group (S)

3:30pm 1-1 Visits

5:45 pm Armchair Travel (TV)

9:30 am Robotic Pet Therapy 5

10:30 am Fun & Fitness (TV)

3:00 pm **Valentine Jewelry making (S)**



9:30 am Ring Toss (TV) 6

1:10 pm **Love Songs-Music Appreciation (TV)**

2:00 pm Manicures (S)

10:45 am Fun and Fitness (TV) 7

3:30 pm Bowling (TV)

5:45 pm **Valentine Social and treats**

1 – 1 Visits Daily 8

1:10 pm Open Activity (S)

7:00 pm **The Lawrence Welk Show (TV)**



1 – 1 Visits Daily 9

5:45 pm Bingo (S)

Therapeutic Recreation theme week ahead: Exploring the 5 domains, Spiritual, Physical Social, Cognitive, Emotional

9:30 am Fun & Fitness (TV) 10

with Recreation Therapy week introduction and rollout

10:15 am Holy Communion

1:10 pm **Valentines Baking (K)**



9:45 am Spiritual Reflections, building **Recreation Therapy awareness** (TV) 11

10:30 am **Name That Love Tune (TV)**

5:45 pm **Love Story Movie (TV)**



9:30 am Trivia- **Recreation Therapy** (TV) 12

10:30 am Dancercise (TV)
12:30 pm 1-1 Visits
2:00 **Sweethearts dance with Kennedy Jenson**

Tu B'Shevat Begins

9:45 am Fun & Fitness (TV) 13

1:10 pm Active Engagement with **Recreation Therapy picture exercise** (S)

2:00 pm Manicures (S)

9:45 am **Memory Matching Recreation Therapy Round Up** (S) 14

3:30 pm Valentines Craft (S)

5:45 pm Dice Games (S)

Valentine's Day

1 – 1 Visits Daily 15

1:10 pm Open Activity (S)

7:00 pm **The Lawrence Welk Show (TV)**

1 – 1 Visits Daily 16

1:00 pm **Love Stories & Hot Chocolate Social (K)**



FAMILY DAY 17



Presidents' Day (U.S.)

9:30 am **Moovin' & Groovin' (TV)** 18

10:30 am Manicures (S)

5:45 pm **Milestones (K)**



9:30 am Dancercise (TV) 19

10:30 Roman Catholic Mass-C



12:30 pm 1-1 Visits
3:00 pm Snakes & Ladders (S)



9:45 am Fun & Fitness (TV) 20

10:30am Painting (S)

2:00 pm Music Appreciation (TV)

1 – 1 Visits Daily 22

1:10 pm Open Activity (S)

7:00 pm **The Lawrence Welk Show (TV)**

1 – 1 Visits Daily 23

5:45 pm Bingo (S)



10:15 am Holy Communion 24

1:00 Fun and Fitness (TV)



9:45 am 1:1 Visits 25

10:30 am Word Games (S)

5:45 pm Armchair Travel (TV)



PINK SHIRT DAY 26

9:45 am Penny Ante (S)

10:30 am Dancercise (TV)

12:30 pm Balloon Badminton (TV)

2:00 pm Spiritual Reflections

9:45 am Moving and Grooving (TV) 27

10:30 am Meditative Coloring (TV)



9:30 am Fun & Fitness (TV) 28

3:30 pm Card Games



5:45 pm Bowling (TV)

Ramadan Begins

MEALTIMES
Breakfast 8:00 am – 8:45 am
Lunch 11:30 am – 12:30 pm
Supper 4:30 pm – 5:30pm

LEGEND
TV-TV Room
S- Sunroom
C- Chapel

Programs are subject to change without notice. Please see white boards daily

Recreation Programs in BLACK

HCA Activities in BLUE

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Benevolence Care Centre

February is
**Therapeutic
Recreation
Month!** 

10:00am Worship Service 1 (2-DR)
10:30am Baking (M)
12:45pm Journeys (2)
1:30pm Dice Games (3)
2:15pm Science Experiment(2)

Mealtimes:
Breakfast: 8:30am –9:30am
Lunch: 11:45am – 12:45pm
Dinner: 4:45pm – 5:45pm

Groundhog Day

2 10:00am 1-1 Communion & Blessing visits
9:30am Dancercise (3)
10:30am Just for Kicks (M)
12:45pm Devotions (2)
2:00pm Chinese New Year Social (3)
3:30pm Manicures (M)

3 9:30am Mind Joggers (3)
10:30am Balloon Volleyball(2)
12:45pm Hymns of Faith (M)
1:30pm Good Ol' Days (2)
2:15pm Baking (3)
5:00pm Colouring (2)
6:00pm News & Views (M)
6:00pm Bible Study Group (2-DR)
7:00pm Journeys (3)

4 **Library Pickup/Dropoff 5**
9:30am Music Appreciation(M)
10:30am Men's Coffee Group(3)
12:45pm Card Games (2)
1:30pm Bean Bag Toss(M)
2:15pm Milestones (2)
3:15pm Open Activity (3)

6 9:30am Junk Drawer Detective(2)
10:30am Water Colour Painting(M)
12:45pm Spiritual Discussions(3)
2:00pm Milestones (3)
2:15pm Singalong (2)
3:15pm Dice Games (M)
5:00pm Bowling (3)
6:15pm Bingo (2)
7:00pm Dancercise (M)

7 9:30am Fun & Fitness(M)
10:30am Reminisce with Senses(2)
12:45pm Where in the World?(3)
1:30pm News & Views (2)
2:15pm Milestones (M)
3:15pm 1-1 Visits (3)

8 **10:00am Worship Service (2-DR)**
10:30am Valentines Colouring(3)
12:45pm Valentines Word Search (M)
1:30pm Make Valentine Cards(2)
2:00pm Manicures (3)

2:00pm Superbowl Tailgate Party (3-LRW)



9 10:00am 1-1 Communion & Blessing visits
9:30am Valentines Music Appreciation(3)
10:30am Make Valentine Cards(M)
12:45pm Candy Game (2)
1:30pm Virtual Catholic Mass(3)
2:15pm Do You Hear What I Hear? (M)
3:00pm Puzzles (2)

10 9:30am Make Valentine Cards(3)
10:30am Valentine Word Search(2)
12:45pm Journeys (M)
1:30pm Balloon Volleyball (3)
2:15pm Baking (2)
3:00pm Mind Joggers (M)
5:00pm Create Your Own Poem (3)
6:00pm Craft Night (M)
6:00pm Bible Study Group (2-DR)
7:00pm Games Night (2)

11 9:30am Devotions (M)
10:00am Food Committee Meeting (FR)
10:30am Just for Kicks (3)
1:00pm Elementary Valentines Visit (All flrs – DR)
2:00pm 1-1 Visits (2)
2:00pm Bingo (M)
3:00pm Candy Game (3)
3:00pm Water Colour Painting (2)
6:00pm Music Therapy (2-LRW)
Tu B'Shevat Begins

12 9:30am Short Stories (3)
10:30am Where in the World?(M)
12:45pm Hymns of Faith (2)
2:00pm Valentines Music Appreciation(M)
2:15pm Memory Matching (3)
3:15pm Manicures (2)
5:00pm Balloon Volleyball (M)
6:15pm Movie Night (2)

13 9:30am Fun & Fitness (2)
10:30am Candy Game (M)
12:45pm Valentine Reminisce with Senses (3)
2:00pm Valentines Day Party w/Douglas Mitchell (M-DR)
Valentine's Day

14 **10:00am Worship Service 15 (2-DR)**
9:30am Music Appreciation(2)
10:30am Coffee & News (3)
12:45pm Junk Drawer Detective (M)
1:30pm Don't Forget the Lyrics(2)
2:15pm Bingo (3)
3:15pm 1-1 Visits (M)

Ext. 704 – Rec Therapist
Ext. 705 – Rec aide
Ext. 706 – Rec aide
Benevolence.rectherapy@ppsl.com

16 10:00am 1-1 Communion & Blessing visits

FAMILY DAY
Presidents' Day (U.S.)

17 9:30am Decorate Picture Frames(3)
10:30am Meditative Colouring (2)
12:45pm Short Stories (M)
1:30pm Spiritual Discussions (2)
2:15pm Manicures (M)
3:00pm Word Puzzles (3)
5:00pm News & Views (2)
6:00pm Science Experiment (M)
6:00pm Bible Study Group (2-DR)
7:00pm Bowling (3)

18 **10:00am Catholic Mass (FR)**
12:45pm Just for Kicks (2)
1:30pm Dice Games (3)
2:15pm Reminisce with Senses (M)
3:00pm Water Colour Painting (3)

19 9:30am Mind Joggers (2)
10:30am Mindful Yoga (M)
12:45pm Healing Sounds (3)
2:00pm Bingo (2)
2:15pm Good Ol' Days (M)
3:15pm Balloon Volleyball (3)
5:00pm Men's Group (2)
6:15pm Science Experiment(3)
7:00pm Puzzles (M)

20 9:30am Fun & Fitness (3)
10:30am Open Activity (2)
12:45pm Guided Relaxation(M)
1:30pm Puzzles (3)
2:15pm Manicures (2)
3:15pm 1-1 Visits (M)

21 **10:00am Worship Service 22 (2-DR)**
10:30am Do You Hear What I Hear?(3)
12:45pm Winter Memory Match (2)
1:30pm Bingo (M)
2:20pm 1-1 Visits (3)

Therapeutic Recreation Week (Feb 24 – 28)


23 10:00am 1-1 Communion & Blessing visits
Emotional & Sensory Domain
9:30am Meditative Colouring (3)
10:30am Healing Sounds (M)
12:45pm Sensory (2)
1:30pm Singalong (M)
2:00pm Manicures (3)
3:15pm Water Colour Painting (2)
6:00pm Music Therapy (2-LRW)

24 **Cognitive Domain**
9:30am Junk Drawer Detective(3)
10:30am Word Puzzles (2)
12:45pm Memory Matching (M)
1:30pm Puzzles (2)
2:15pm Bingo (3)
3:15pm Dice Games (M)
5:00pm Mind Joggers (2)
6:00pm Bible Study Group (2-DR)
6:00pm Games Night (M)
7:00pm Card Games (3)

25 **Pink Shirt Day Physical Domain**
9:30am Just For Kicks (M)
10:30am Bean Bag Toss (3)
12:45pm Dancercise (2)
1:30pm Resident & Family Council (FR)
1:30pm Ring Toss (M)
2:10pm Adapted Chair Yoga (3)
3:00pm Fun & Fitness (2)

26 **Spiritual Domain**
9:30am Devotions (3)
10:30am Bible Readings (M)
12:00pm Lunch Club (3-LRW)
12:45pm Virtual Catholic Mass (2)
2:00pm Hymns of Faith (3)
2:15pm Spiritual Reflections (M)
3:15pm 1-1 Visits (2)
5:00pm Bible Readings (3)
6:15pm Devotions (2)
7:00pm Hymns of Faith (M)

27 **Social Domain**
9:30am News & Views (M)
10:30am Coffee Group (2)
12:45pm Short Stories (3)
2:00pm TR Social/Activity Party(2)
3:15pm Good Ol' Days (3)
Ramadan Begins

28 **Legend:**
LR – Living Room
FR – Family Room
DR – Dining Room
P - Patio
W – West
E – East
(3) – 3rd floor
(2) – 2nd Floor
(M) – Main floor

Programs subject to change, see white boards for daily programs