

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Wexford Creek 1st Floor Recreation Calendar



						<p>1</p> <p>10 am – Morning Mingle (1st & 2nd)</p> <p>2:45 pm – Afternoon Game</p>
<p>2</p> <p>2:15 pm - Bingo</p> <p><small>Groundhog Day</small></p>	<p>3</p> <p>9:20 am – Walking Program</p> <p>10 am – Chair Exercise</p> <p>11 am – News on the Go</p> <p>3 pm – Billiards</p>	<p>4</p> <p>9:30 am – Fresh Air Strolls</p> <p>1:30 pm – Java Music Club</p>	<p>5</p> <p>10 am – Brain Games</p> <p>1:30 pm – St. Philips Hymn Sing</p> <p>1:30 pm – Jehovah Witness Encouragement Gathering</p>	<p>6</p> <p>10 am – Active Game</p> <p>11 am – Memory Lane</p> <p>1:15 pm – Armchair Travel</p>	<p>7</p> <p>9 am – Trips to the Tuck Shop</p> <p>2 pm – Snoezelen Experience</p> <p>3 pm – Brain Game</p>	<p>8</p> <p>10 am – Morning Mingle (1st & 2nd)</p>
<p>9</p> <p>1:15 pm – Montessori Program</p> <p>2:15 pm - Bingo</p>	<p>10</p> <p>9:20 am – Walking Program</p> <p>10 am – Chair Exercise</p> <p>1 pm – Sing Along</p> <p>3 pm – Billiards</p>	<p>11</p> <p>10 am – Short Stories</p> <p>3 pm – Java Music Club</p> <p>6 pm – Pet Therapy with Rosie</p>	<p>12</p> <p>10 am – Brain Games</p> <p>11 am – Chair Exercise</p> <p>1:30 pm – Jehovah Witness Encouragement Gathering</p> <p>2 pm – Coffee & Connection</p> <p><small>Tu B'Shevat Begins</small></p>	<p>13</p> <p>9:30 am – Active Game</p> <p>10:30 am – Catholic Mass</p>	<p>14</p> <p>9 am – Trips to the Shop</p> <p>9:30 am – Snoezelen Experience</p> <p>10 am – Brain Games</p> <p>2 pm – Musical Entertainment with Keith</p> <p><small>Valentine's Day</small></p>	<p>15</p> <p>10 am – Morning Mingle (1st & 2nd)</p> <p>2:45 pm – Afternoon Game</p>
<p>16</p> <p>2:15 pm - Bingo</p>	<p>17</p> <p>9:20 am – Walking Program</p> <p>10 am – Chair Exercise</p> <p>11 am – News on the Go</p> <p>3 pm – Billiards</p> <p>Family Day</p> <p><small>Presidents' Day (U.S.)</small></p>	<p>18</p> <p>9:45 am – Short Stories</p> <p>3 pm – Music Program</p>	<p>19</p> <p>10 am – Brain Games</p> <p>1:30 pm – Jehovah Witness Encouragement Gathering</p>	<p>20</p> <p>10:30 am – Resident Council Meeting</p> <p>11 am – Active Game</p> <p>1:15 pm – Magazine Cart</p>	<p>21</p> <p>9 am – Histories and Mysteries</p> <p>10:15 – Student Visit Multipurpose Room</p> <p>1 pm – Snoezelen Experience</p>	<p>22</p> <p>10 am – Morning Mingle (1st & 2nd)</p>
<p>23</p> <p>1:15 pm – Armchair Travel</p> <p>2:15 pm - Bingo</p>	<p>24</p> <p>9:20 am – Walking Program</p> <p>10 am – Chair Exercise</p> <p>1 pm – Sing Along</p> <p>3 pm – Billiards</p>	<p>25</p> <p>9:30 am – Brain Games</p> <p>10:30 – Java Music Club</p> <p>2 pm – February Birthday Celebration</p>	<p>26</p> <p>10 am – Brain Game</p> <p>1:30 pm – Jehovah Witness Encouragement Gathering</p> <p>1 pm – Coffee & Connection</p>	<p>27</p> <p>9:30 am – Active Game</p> <p>11:15 am – Memory Lane</p>	<p>28</p> <p>9 am – Trips to the Shop</p> <p>10:30 am – Brain Game</p> <p>1 pm – Snoezelen Experience</p> <p><small>Ramadan Begins</small></p>	

Please note programs may be subject to change

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Wexford Creek 2nd Floor Recreation Calendar



						<p>1</p> <p>10 am – Morning Mingle (1st & 2nd)</p>
<p>2</p> <p>10:30 am – Sunday Morning Connection</p> <p>1:15 pm – Montessori Program</p> <p><small>Groundhog Day</small></p>	<p>3</p> <p>10 am – Brain Games</p> <p>11 am – News on the Go</p>	<p>4</p> <p>11 am – Morning Mingle</p>	<p>5</p> <p>10 am – Bingo</p> <p>12:45 pm – News on the Go</p> <p>1:30 pm – Jehovah Witness Gathering</p> <p>2:45 pm – Armchair Travel</p>	<p>6</p> <p>10 am – Active Game</p> <p>11 am – Memory Lane</p> <p>3 pm – Java Music Club</p>	<p>7</p> <p>9 am – Trips to the Tuck Shop</p> <p>10:30 am – Brain Games</p>	<p>8</p> <p>10 am – Morning Mingle (1st & 2nd)</p> <p>2:45 pm – Afternoon Game</p>
<p>9</p> <p>10:30 am – Sunday Morning Connection</p>	<p>10</p> <p>10 am – Brain Games</p> <p>11 am – News on the Go</p>	<p>11</p> <p>11 am – Michelle’s Magazine Cart</p> <p>1:30 pm – Baptist Hymn Sing</p> <p>6 pm – Pet Therapy with Rosie</p>	<p>12</p> <p>10 am – Bingo</p> <p>12:45 pm – News on the Go</p> <p>1:30 pm – Jehovah Witness Encouragement Gathering</p> <p><small>Tu B'Shevat Begins</small></p>	<p>13</p> <p>9:30 am – Active Game</p> <p>10:30 am – Catholic Mass</p> <p>3 pm – Java Music Club</p>	<p>14</p> <p>9 am – Trips to the Shop</p> <p>9:30 am – Snoezelen Experience</p> <p>11 am – Histories and Mysteries</p> <p><small>Valentine’s Day</small></p>	<p>15</p> <p>10 am – Morning Mingle (1st & 2nd)</p>
<p>16</p> <p>10:30 am – Armchair Travel</p> <p>1:15 pm – Montessori Program</p>	<p>17</p> <p>10 am – Brain Games</p> <p>1 pm – Sing Along</p> <p><small>Presidents’ Day (U.S.)</small></p>	<p>18</p> <p>10 am – Music Program</p> <p>11 am – Magazine Cart</p> <p>2 pm – February Birthday Celebration</p>	<p>19</p> <p>10 am – Bingo</p> <p>12:45 pm – News on the Go</p> <p>1:30 pm – Jehovah Witness Encouragement Gathering</p> <p>3 pm – Chair Exercise</p>	<p>20</p> <p>9:30 am – Active Game</p> <p>10 am – Memory Lane</p> <p>11 am – Resident Council Meeting</p> <p>3 pm – Java Music Club</p>	<p>21</p> <p>9 am – Trips to the Tuck Shop</p> <p>10:15 – Student Visit Multipurpose Room</p> <p>1 pm – Snoezelen Experience</p>	<p>22</p> <p>10 am – Morning Mingle (1st & 2nd)</p> <p>2:45 pm – Afternoon Game</p>
<p>23</p> <p>10:30 am – Sunday Morning Connection</p> <p>1:15 pm – Armchair Travel</p>	<p>24</p> <p>10 am – Brain Games</p> <p>11 am – News on the Go</p>	<p>25</p> <p>9:30 am – Short Stories</p> <p>10:30 am – Brain Games</p> <p>3:30 pm – Magazine Cart</p>	<p>26</p> <p>10 am – Bingo</p> <p>12:45 pm – News on the Go</p> <p>1:30 pm – Jehovah Witness Encouragement Gathering</p> <p>3 pm – Chair Exercise</p>	<p>27</p> <p>9:30 am – Active Game</p> <p>11:15 am – Memory Lane</p> <p>3 pm – Java Music Club</p>	<p>28</p> <p>9 am – Trips to the Shop</p> <p>11 am – Histories and Mysteries</p> <p>1 pm – Snoezelen Experience</p> <p>2 pm – Musical Entertainment</p> <p><small>Ramadan Begins</small></p>	

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Independent Living



Saturday Ideas To Do



<p>2 2:30- CRIB & CARDS - PDR</p> <p><small>Groundhog Day</small></p>	<p>3 10:30 – Sit & Be Fit – 2nd Floor</p> <p>2pm – BINGO! – 2nd Floor</p>	<p>4 Shawn’s away today</p>	<p>5 10:30 – Fitness with Bev – 2nd Floor 2:00pm City of Nanaimo Information Session B.C. Housing -IL Dining Room</p>	<p>6 10am - Food Committee Meeting-Dining Room</p> <p>1:30- Shopping Trip to Woodgrove Center *Sign up list at reception</p>	<p>7 10:15 – Brain Games - PDR</p> <p>2:00pm –Giant Crossword - PDR</p>	<p>8 SCRABBLE PUZZLES LIBRARY</p>
<p>9 2:30- CRIB & CARDS - PDR</p> <p>3:30 – Super Bowl LIX</p> 	<p>10 10:30 – Sit & Be Fit – 2nd Floor</p> <p>2pm – BINGO! – 2nd Floor</p>	<p>11 9:45-2:30 Legion Social Bus Trip -Coffee, Games, Lunch & Guest Speaker *Sign up list at reception</p>	<p>12 10:30 – Fitness with Bev – 2nd Floor</p> <p>2pm – Birthday Tea with Rick – IL Dining Room</p> 	<p>13 10:15 Chinese New Year Trivia - 2nd Floor</p> <p>2:00pm “Wedding Day” Tea - 2nd Floor</p> 	<p>14 10:15 – News & Views with Shawn – 2nd Floor</p> <p>2pm- Happy Hour☺ - Dining Room</p> <p><small>Valentine's Day</small></p>	<p>15 </p>
<p>16 2:30- CRIB & CARDS - PDR</p>	<p>17 </p>	<p>18 11:30 Lunch Outing to Hong Kong House *Sign up list at reception</p> <p>1:30- Stitch 'n B*tch - 2nd Floor</p>	<p>19 10:30 – Fitness with Bev – 2nd Floor</p> <p>2pm- Brechin Church Hymn Sing - Chapel</p>	<p>20 11:30 Lunch Outing to Hong Kong House *Sign up list at reception</p> <p>2:30- Book Club with A Twist - PDR</p>	<p>21 10:00 Games & Chat with Students from Nanaimo Christian School – 2nd Floor</p> <p>2pm - Bean Bag Toss - 2nd Floor</p>	<p>22 WALKS CARDS CANUCKS HOCKEY</p>
<p>23 2:30- CRIB & CARDS - PDR</p>	<p>10:30 – Sit & Be Fit – 2nd Floor</p> <p>2pm – BINGO! – 2nd Floor</p>	<p>25 10:15 – Brain Games - PDR</p> <p>2pm – Cribbage Tournament – 2nd Floor</p>	<p>26 10:30 – Fitness with Bev – 2nd Floor</p> <p>2pm- Horseracing - 2nd Floor</p>	<p>27 10:15- Winter Walk with Shawn</p> <p>2pm- BINGO! - 2nd Floor</p>	<p>28 10:15 – News & Views with Shawn – 2nd Floor</p> <p>2pm- Happy Hour☺ - Dining Room</p> <p><small>Ramadan Begins</small></p>	<p>新年快樂 Happy Chinese New Year</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Wexford Creek Cottages Recreation Calendar



						1 2 pm – Bocce (C2)
2 Groundhog Day	3 10:30 am – Sit and Be Fit (C1) 1:15 pm – Montessori (C3) 2 pm - Montessori (C2)	4 10:30 am – Active Game (C2) 1:15 pm – Active Games (C3) 2 pm – Brain Games (C1)	5 11 am – Sit and Be Fit (C3) 2:30 – Brain Games (C2)	6 10 am – Brain Games (C3) 11 am – Brain Games (C2) 1:30 pm – Brain Games (C1)	7 10 am – Java Music Club (C3) 1:15 pm – Java Music Club (C1) 2:30 pm – Memory Lane (C2)	8 2 pm – Bocce (C2)
9	10 10:30 am – Sit and Be Fit (C1) 1:15 pm – Montessori (C3) 2 pm - Montessori (C2)	11 10:30 am – Active Game (C1) 1:15 pm – Ball Games (C3) 2 pm – Brain Games (C2) 6 pm – Pet Therapy	12 10 am – Arts and Crafts (C3) 1:15 pm – Bocce (C2) 1:30 pm – Jehovah Witness Encouragement Gathering 2:30 pm – Short Stories <small>Tu B'Shevat Begins</small>	13 10 am – Sit and Be Fit (C3) 10:30 am – Catholic Mass 11 am – Residents Corner (C2) 1:30 pm – Tables Games (C1)	14 10 am –Memory Lane (C3) 1:15 pm – Memory Lane (C1) 2:30 pm – Java Music Club (C2) <small>Valentine's Day</small>	15 2 pm – Bocce (C2)
16 <small>Presidents' Day (U.S.)</small>	17 10:30 am – Sit and Be Fit (C1) 1:15 pm – Montessori (C3) 2 pm - Montessori (C2)	18 10:30 am – Active Game (C1) 1:15 pm – Ball Games (C3) 2 pm – Brain Games (C2)	19 11 am – Arts & Crafts (C3) 1:30 pm – Jehovah Witness Encouragement Gathering 1:30 pm – Resident's Corner (C2) 3 pm – Resident's Corner (C1)	20 9 am – Active Game (C3) 10 am – Resident's Corner (C2) 11 am – Table Games (C1)	21 1 pm – Birthday Celebration (C1, C2, C3)	22 1:30 pm – Armchair Travel (C2)
23	24 10:30 am – Sit and Be Fit (C1) 1:15 pm – Montessori (C3) 2 pm - Montessori (C2)	25 10:30 am – Active Game (C1) 1:15 pm – Ball Games (C3) 2 pm – Brain Games (C2)	26 10 am – Armchair Travel (C3) 1:15 pm – Bocce (C2) 1:30 pm – Jehovah Witness Encouragement Gathering	27 10:30 am – Resident's Corner (C2) 10:30 am – Sit and Be Fit (C3) 1 pm – Music with Keith (C1, C2, C3) 3:30 pm – Resident's Corner C1	28 10 am – Memory Lane (C3) 11 am – Memory Lane (C1) 3 pm – Java Music Club (C2) <small>Ramadan Begins</small>	

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