

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025
Independent Living

2	3	4	5	6	7	8
<p>2:30- CRIB & CARDS - PDR</p>	<p>10:30 – Sit & Be Fit – 2nd Floor</p> <p>2pm – BINGO! – 2nd Floor</p>	<p>Shawn’s away today</p> <p style="text-align: center;"><small>Mardi Gras</small></p>	<p>10:30 – Fitness with Bev – 2nd Floor</p> <p>2:00pm – Resident Town Hall Meeting & Hot Chocolate - Dining Room</p>	<p>10am - Food Committee Meeting-Dining Room</p> <p>1:30- Shopping Trip to Woodgrove Center *Sign up list at reception</p>	<p>10:15 – Brain Games - PDR</p> <p>2:00pm Giant Crossword - PDR</p>	<p>Saturday Ideas To Do</p> <p style="text-align: center;">↓</p> <p>SCRABBLE</p> <p>PUZZLES</p> <p>LIBRARY</p>
9	10	11	12	13	14	15
<p style="text-align: center;"><small>Daylight Saving Time Begins</small></p>	<p>10:30 – Sit & Be Fit – 2nd Floor</p> <p>2pm – BINGO! – 2nd Floor</p>	<p>11:30 Lunch Outing to “Off the Hook” -Restaurant *Sign up list at reception</p>	<p>10:30 Fitness with Bev – 2nd Floor</p> <p>2pm – Birthday Tea with Keith – IL Dining Room</p>	<p>10:15 St. Patrick’s Trivia - PDR</p> <p>2pm- Happy Hour☺ - Dining Room</p> <p style="text-align: center;"><small>Purim Begins</small></p>	<p>10:00 Games & Chat with Students Nanaimo Christian School – 2nd Floor</p> <p>2pm- St. Patrick’s Show Nordley Ukelele Band - IL Dining Room</p>	<p>Happy St. Patrick's Day</p>
16	17	18	19	20	21	22
<p>2:30- CRIB & CARDS - PDR</p>	<p>10:30 – Sit & Be Fit – 2nd Floor</p> <p>2pm – BINGO! – 2nd Floor</p> <p style="text-align: center;"><small>St. Patrick’s Day</small></p>	<p>10:15 – Brain Games - PDR</p> <p>1:30 – Trip to the Nanaimo Museum *Sign up list at reception</p>	<p>10:30 – Fitness with Bev – 2nd Floor</p> <p>2pm- Brechin Church Hymn Sing - Chapel</p>	<p>11:30 Lunch Outing to The Jingle Pot Pub *Sign up list at reception</p> <p>2pm - Bean Bag Toss - 2nd Floor</p> <p style="text-align: center;"><small>Spring Begins</small></p>	<p>10:15 – News & Views with Shawn – 2nd Floor</p> <p>2pm- Happy Hour☺ - Dining Room</p>	<p>WALKS</p> <p>CARDS</p> <p>CANUCKS HOCKEY</p>
23	24	25	26	27	28	29
<p>2:30- CRIB & CARDS - PDR</p> <p>Shawn’s Away This Week →</p>	<p>2:00 – Rick Steve’s “Dublin & Mystical Side Trips” - Dining Room</p>	<p>10:15 – Brain Games - PDR</p> <p>1:30- Stitch ‘n B*tch - 2nd Floor</p>	<p>10:30 – Fitness with Bev – 2nd Floor</p>	<p>10:15 Trivia - PDR</p>	<p>2pm – Games Hour - 2nd Floor</p>	
30	31					
<p>2:30- CRIB & CARDS - PDR</p>	<p>10:30 – Sit & Be Fit – 2nd Floor</p> <p>2pm – BINGO! – 2nd Floor</p>					

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

Wexford Creek Cottages Recreation Department Calendar

							1	
2	3	4	5	6	7	8		
11:15 am Sit and Be Fit (C1) 1:15 pm Brain Games (C3) 3 pm Coffee & Connection (C2)	3 pm Active Game (C2) 4 pm Armchair Travel (C3) 6 pm Tables Games (C1)	Mardi Gras 10 am – Chair Exercise (C3) 11 am - Arts and Crafts (C3) 1:30 pm – Bocce (C2) 1:30 pm – JW Gathering 2:30 pm - Arts & Crafts (C1) 3:30 – Friendly Visits	10 am – Chair Exercise (C3) 11 am - Arts and Crafts (C3) 1:30 pm – Bocce (C2) 1:30 pm – JW Gathering 2:30 pm - Arts & Crafts (C1) 3:30 – Friendly Visits	10 am – Armchair Travel (C1) 11 am- Tables Games (C3) 2:30 pm – Brain Games (C2) 3:30 pm – Friendly Visits	10 am – Fresh Air Walk and Rolls 11 am – Java Music Club (C2) 1:30 pm – Memory Lane (C3) 2:30 pm – Java Music Club (C1) 3:30 – Friendly Visits	10 am – Trips to the Tuck Shop 1:30 pm – Java Music Club (C3) 2:30 pm - Fresh Air Walk and Rolls		
9	10	11	12	13	14	15		
10:00 am Brain Games (C1) 11:15 am Brain Games (C2) 1:15 pm Days Gone By (C3)	3 pm Active Game (C2) 4 pm Sit and Be Fit (C1) 6 pm Tables Games (C3)	10 am – Chair Exercise (C3) 11 am - Arts and Crafts (C3) 1:30 pm – Bocce (C2) 1:30 pm – JW Gathering 2:30 pm - Arts & Crafts (C1) 3:30 – Friendly Visits	10 am – Chair Exercise (C3) 11 am - Arts and Crafts (C3) 1:30 pm – Bocce (C2) 1:30 pm – JW Gathering 2:30 pm - Arts & Crafts (C1) 3:30 – Friendly Visits	10 am – Active Game (C1) 10: 30 am – Catholic Mass (Sacred Space) 11 am- Tables Games (C3) 2:30 pm – Armchair Travel (C2)	10 am – Fresh Air Walk and Rolls 11 am – Memory Lane (C2) 1:30 pm – Java Music Club (C3) 2:30 pm – Memory Lane (C1) 3:30 – Friendly Visits	10 am - Fresh Air Walk and Rolls 1:30 pm – Gardening (C2) 2:30 pm – Gardening (C1) 3 :30 pm – Gardening (C3)		
Daylight Saving Time Begins				Purim Begins				
16	17	18	19	20	21	22		
1:15 pm Hx St. Patrick's (C2) 2:30 pm Hx St. Patrick's (C1) 3:00 pm Hx St. Patrick's (C3)	3 pm Active Game (C3) 4 pm Sit and Be fit (C1) 6 pm Sing Along (C2)	10 am – Chair Exercise (C2) 11 am - Arts and Crafts (C3) 1:30 pm – Bocce (C2) 1:30 pm – JW Gathering 2:30 pm - Arts & Crafts (C1) 3:30 – Friendly Visits	10 am – Chair Exercise (C2) 11 am - Arts and Crafts (C3) 1:30 pm – Bocce (C2) 1:30 pm – JW Gathering 2:30 pm - Arts & Crafts (C1) 3:30 – Friendly Visits	10 am – Montessori (C1) 10: 30 am – Resident Council 11 am- Sing Along (C3) 2:30 pm – Montessori (C2) 3:30 – Friendly Visits	11 am – Java Music Club(C2) 1:30 pm – Memory Lane (C3) 2:30 pm – Java Music Club (C1) 3:30 – Friendly Visits	10 am - 10 am – Trips to the Tuck Shop 1:30 pm – Java Music Club (C3) 2:30 pm - Fresh Air Walk and Rolls		
St. Patrick's Day				Spring Begins				
23	24	25	26	27	28	29		
11:15 am Brain Games C1 1:15 pm Brain Games (C2) 2:30 pm Armchair Travel (C3)	3 pm Active Game (C2) 4 pm Armchair Travel (C3) 6 pm Armchair Travel (C1)	10 am Montessori (C2) 11 am Arts and Crafts (C3) 1:30 pm JW Gathering 2:30 pm Birthday Celebration Cottages (C1, C2, C3) 3:30 Friendly Visits	10 am Memory Lane (C3) 11 am Java Music club (C1) 1 pm - Musical Performance from Keith (C1, C2, C3) 3:30 – Friendly Visits	10 am – Fresh Air Walk and Rolls 11 am – Memory Lane (C2) 1:30 pm – Java Music Club (C3) 2:30 pm – Memory Lane (C1) 3:30 – Friendly Visits	10 am – 10 am - Fresh Air Walk and Rolls 11 am- Gardening (C2) 1:30 pm – Java Music Club (C2) 2:30 pm – (Gardening C1) 3:30 pm - Gardening (C3)			
30	31	Wexford Creek Cottages Recreation Calendar						
11:15 am Brain Games C1 1:15 pm Brain Games (C2) 2:30 pm Sing Along (C3)								

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025
Wexford Creek 1st Floor Recreation Calendar

1						1					
2	10:15 am Snap circuits 11:30 am Friendly Visits 2:30 pm Singalong 4:00 pm Friendly Visits	3	9:45 am Chair Exercise 10:30 am Brain Games 1:30 pm Music Program 3:30 pm Short Stories	4	9:45 am Brain Games 10:30 am Magazine Cart 1:30 pm JW Meeting 3:30 pm Java Music Club	5	9:00 am Clippers Visit (Multipurpose Room) 11:15 am Short Stories 3:30 pm Armchair Travel	6	9:45 am Snoezelen 11:00 am Trips to the Tuck Shop 1:30 am Music Program 3:30 am Short Stories	7	9:45 am Active Games 10:30 am Short Stories 1:30 pm Music Program
		<small>Mardi Gras</small>									
9	1:15 pm Brain Game 3:00 pm Coffee & Billiards	10	9:45 am Chair Exercise 10:30 am Brain Games 1:30 pm Music Program 3:30 pm Short Stories	11	9:45 am Brain Games 10:30 am Magazine Cart 1:30 pm JW Meeting 1:30 pm Java Music Club 3:00 pm Birthday Celebration	12	9:45 am Trips to the Tuck Shop 10:30 Catholic Mass 1:30 Music Program 3:30 Active Games	13	9:45 am Snoezelen 11:00 am Trips to the Tuck Shop 2 pm Musical Entertainment 3:30 am Short Stories	14	9:45 am Active Games 10:30 am Short Stories 1:30 pm Music Program
		<small>Purim Begins</small>									
16	10:00 History St. Patrick's Day 4:00 pm Friendly Visits	17	9:45 am Chair Exercise 10:30 am Brain Games 1:30 pm Music Program 3:30 pm Short Stories	18	9:45 am Brain Games 10:30 am Magazine Cart 1:30 pm JW Meeting 3:30 pm Java Music Club	19	9:45 Short Stories (M) 1st 10:30 Resident Council Meeting (M) 1st 1:30 Music Program 3:30 Active Games	20	10 am Student Visit Multipurpose Room 3:30 am Short Stories	21	9:45 am Active Games 10:30 am Short Stories 1:30 pm Music Program
		<small>St. Patrick's Day</small>									
23	10 am Chair Chi 11 am News on the Go	24	9:45 am Chair Exercise 10:30 am Brain Games 1:30 pm Music Program 3:30 pm Short Stories	25	9:45 am Brain Games 10:30 am Magazine Cart 1:30 pm JW Meeting 3:30 pm Java Music Club	26	9:45 am Active Games 10:30 am Short Stories 3:30 pm Armchair Travel	27	9:45 am Snoezelen 11:00 am Trips to the Tuck Shop 1:30 pm Music Program 3:30 pm Short Stories	28	9:45 am Active Games 10:30 am Short Stories 1:30 pm Music Program
30	10 am King Tut 4:00 pm Friendly Visits	31									

Programs may be subject to change.

Sunday

Monday

Tuesday

Wednesday














Thursday

Friday

Saturday

March 2025

Wexford Creek Recreation Calendar 2nd Floor

<p>10:30 am Sunday Morning Connection 1:15 pm Montessori 4:00 pm Armchair Travel</p> 	<p>10:30 am Chair Exercise 1:15 pm Snap Circuits</p>	<p>9:30 am Java Music Club 11:00 am Friendly Visits</p> <p>Mardi Gras</p>	<p>10:00 am Bingo 11:00 am News on the Go 1:30 pm JW meeting 2:30 pm Snoezelen 4:00 pm Coffee & Connect</p>	<p>9:00 am Clipper's (Multipurpose room) 11:15 pm Friendly Visits</p>	<p>10:00 am One room School House 11:00 am Fresh air Walks</p> 	<p>3:30 pm Armchair Travel</p> 
<p>10:30 am Sunday Morning Connection 1:15 pm Montessori</p> <p>Daylight Saving Time Begins</p>	<p>10:30 am Chair Exercise 11:00 am News on the Go 2:30 pm Singalong 4:00 pm Friendly Visits</p>	<p>9:30 am Armchair travel 11:00 am Friendly Visits</p> 	<p> 10:00 am Bingo 11:00 am News on the Go 1:30 pm JW meeting</p>	<p>9:30 am Morning Mingle 10:30 am Catholic Mass (Sacred Space)</p> <p>Purim Begins</p>	<p>10:00 am Tuck Shop 10:30 am Stories</p> 	<p>3:30 pm Java Music Club</p> 
<p>10:30 am Sunday Morning Connection 1:15 pm Montessori 4:00 pm Armchair Travel</p>	<p> 10:30 am Chair Exercise 11:15 am Brain Games 1:15 pm History St. Patrick's Day</p> <p>St. Patrick's Day</p>	<p>9:30 am Java Music Club 11:00 am Friendly Visits</p>	<p>10:00 am Bingo 11:00 am News on the Go 1:30 pm JW meeting 2:30 pm Birthday Celebration</p> 	<p>10:00 am Chair Chi 11:00 am Resident Council 2nd</p> <p>Spring Begins</p>	<p>10:00 am Student Visit (Multi-Purpose Room) 2:00 am Musical Entertainment with Greg</p>	<p>3:30 pm Armchair Travel</p> 
<p>10:30 am Sunday Morning Connection 1:15 pm Montessori 4:00 pm Memory Lane</p>	<p>10:30 am Chair Exercise 3:00 pm Coffee & Cards 4:00 pm Friendly Visits</p>	<p>9:30 am Armchair travel 11:00 am Friendly Visits</p>	<p>10:00 am Bingo 11:00 am News on the Go 1:30 pm JW meeting 2:30 pm Snoezelen 4:00 pm Coffee & Connect</p>	<p>10:00 am Brain Games</p> 	<p>10:00 am Balloons & Tunes 11:00 am Pioneer Stories 1:00 pm Fresh air walks</p>	<p>3:30 pm Java Music Club</p> 
<p>10:30 am Sunday Morning Connection 1:15 pm Montessori 4:00 pm Armchair Travel</p>	<p>10:30 am Chair Exercise 1:15 pm King Tut 3:00 pm Coffee & Cards</p> 					

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