





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><i>Program Venue</i> M = Maple Court W = Willow Place V= Virtual GR = Great Room C = Cherry Lane A = Alder Way</p> <p><b>ALL PROGRAMS ARE SUBJECT TO CHANGE.</b></p>	<p><b>April Fool's Day 1</b></p> <p>10 Drum Fit GR 11 Calendar Posting 1:30 Resident &amp; Family Council Meeting GR 3:30 April Fool's Trivia GR</p> <p><small>All Fools' Day</small></p>	<p><b>2</b></p> <p>10 Ball Fitness GR 11 Gentle Connection GR 1:30 Minute to Win It! GR 3:00 Movie Time A</p>	<p><b>3</b></p> <p>11 Gr. 2 Students Pacific Academy A 1:30 Ring Toss GR 3:30 Bingo C</p>	<p><b>4</b></p> <p>11 Communion Service - St. Nicholas Church A 1:30 Balloon Ball 3:30 Sing Along with Suzie Q GR</p>	<p><b>5</b></p> <p>10 Morning Exercise GR 11 Gentle Connection 1:30 Trivia GR 3:30 Tuck Cart</p>
<p><b>6</b></p> <p>10:30 Centre Point Church M 2:00 Church Service Evangelical A 3:30 Helping Hands GR</p>	<p><b>7</b></p> <p>10 Bowling – Backyard 11 Gentle Connection 1:30 Manicure and Hand Massage GR 3:30 Bingo C</p>	<p><b>8</b></p> <p>10:30 Tattoos &amp; Tea GR 1:30 Number Game GR 3:30 Creative Corner GR</p>	<p><b>9</b></p> <p>10 Bocce Ball GR 11 Gentle Connection GR 1:30 Sing Along 3:30 Card Game</p>	<p><b>10</b></p> <p>11 Gr. 2 Students Pacific Academy A 1:30 Artful Craft Bunny Decoration 3:30 Bingo C</p>	<p><b>11</b></p> <p>10:30 Painting with Karen GR 1:30 Target Toss GR 3:30 Discussion Group GR</p>	<p><b>12</b></p> <p>10 Morning Exercise GR 11 Gentle Connection 1:30 Curling GR 3:30 Tuck Cart</p> <p><small>Passover Begins</small></p>
<p><b>13</b></p> <p>10 Morning Exercise 11 Gentle Connection 1:30 Church Service Living Waters A 3:30 Creative Corner GR</p> <p><small>Palm Sunday</small></p>	<p><b>14</b></p> <p>10 Sourdough Baking With Betty C 1:30 Leisure Trolley 3:30 Bingo C</p>	<p><b>15</b></p> <p>10 Easter Photoshoot 1:30 Target Toss GR 3:30 Leisure Trolley</p>	<p><b>16</b></p> <p>10 Drum Fit GR 11 Gentle Connection 1:30 Prayer Group V 3:00 Movie Time A</p>	<p><b>17</b></p> <p>11 Gr. 2 Students Pacific Academy A 1:30 Easter Egg Craft 3:30 Bingo C</p>	<p><b>Good Friday 18</b></p> <p>11 Legion of Mary Rosary – St. Nicholas 1:30 Outdoor Walk 3:15 Music with Ravensong A</p>	<p><b>19</b></p> <p>10 Bocce Ball GR 11 Willow Connection 1:30 Sing Along GR 3:30 Tuck Cart</p>
<p><b>Easter Sunday 20</b></p> <p>10 Morning Exercise GR 12:30 Easter Brunch 2:00 Church Service Evangelical A 3:30 Leisure Trolley</p> <p><small>Easter Sunday</small></p>	<p><b>21</b></p> <p>10:30 Easter High Tea - Cherry Courtyard 1:30 Pressed Flower Crafts GR 3:30 Easter Bingo C <b>Easter Dinner</b></p>	<p><b>Earth Day 22</b></p> <p>10 Courtyard Gardening 1:30 What is in My Room? (Reminiscing) 3:30 Helping Hands</p> <p><small>Earth Day</small></p>	<p><b>23</b></p> <p>10:30 Armchair Travel 1:30 DIY Dragonfly Keychain GR 3:30 Outdoor Walk</p> <p><small>Administrative Professionals Day</small></p>	<p><b>24</b></p> <p>11 Gr. 2 Students Pacific Academy A 1:30 Manicure &amp; Hand Massage Gr 3:30 Bingo</p>	<p><b>25</b></p> <p>10 Scenic Drive 11 Gentle Connection GR 1:30 Bocce Ball GR 3:15 Music with Ravensong A</p> <p><small>Arbor Day</small></p>	<p><b>26</b></p> <p>10 Morning Exercise 11 Gentle Connection GR 1:30 Trivia 3:30 Tuck Cart</p>
<p><b>27</b></p> <p>10 Curling GR 11 Willow Connection 1:30 Hymn Sing A 3:30 Discussion Group GR</p>	<p><b>28</b></p> <p>10 Morning Exercise GR 11 Gentle Connection GR 1:45 Birthday Party with Gregg G A 1:30 Leisure Trolley</p>	<p><b>29</b></p> <p>10 Bocce Ball GR 11 Aromatherapy GR 1:30 Willow Connection 3:30 Creative Corner: Puzzle</p>	<p><b>30</b></p> <p>10 Fun &amp; Fit GR 11 Gentle Connection GR 1:30 Prayer Group V 3:30 Leisure Trolley</p>	 <p><b>April 2025</b> Maple Court &amp; Willow Place</p>		

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 <p>M = Maple Court W = Willow Place V= Virtual GR = Great Room C = Cherry Lane A = Alder Way</p> <p><b>ALL PROGRAMS ARE SUBJECT TO CHANGE.</b></p>	<p><i>Program Venue</i></p>	<p><b>April Fool's Day</b> 1</p> <p>10 Morning Fitness C 11 Trivia A 1:30 Resident &amp; Family Council Meeting GR 3:30 Card Game C</p> <p><i>All Fools' Day</i></p>	<p>2</p> <p>10 Gentle Connection A 11 Target Toss C 1:30 Spring Coloring A 3:00 Movie Time A</p>	<p>3</p> <p>11 Gr. 2 Students Pacific Academy A 1:30 Balloon Ball 3:30 Bingo C</p>	<p>4</p> <p>11 Communion Service - St. Nicholas Church A 1:30 Trivia C 3:30 Pet Therapy A</p>	<p>5</p> <p>10 Coffee Chatter C 1:30 Sing Along with Suzie Q A 3:30 Tuck Cart</p>
<p>6</p> <p>10 Musical Stretch C 10:30 Centre Point Church M 2:00 Church Service Evangelical A 3:30 Gentle Connection A</p>	<p>7</p> <p>10 Bowling – Backyard 1:30 Nail Spa A 3:30 Bingo C</p>	<p>8</p> <p>10:30 Tattoos &amp; Tea GR 1:30 Aromatherapy A 3:30 Card Game C</p>	<p>9</p> <p>10 Morning Exercise A 11 Trivia C 1:30 Bocce Ball C 3:30 Sing Along A</p>	<p>10</p> <p>11 Gr. 2 Students Pacific Academy A 1:30 Exercise A 3:30 Bingo C</p>	<p>11</p> <p>10:30 Painting with Karen GR 1:30 Finish the Nursery Rhymes A 3:30 Card Game C</p>	<p>12</p> <p>10 Coffee Chatter A 1:30 Karaoke C 3:30 Tuck Cart</p> <p><i>Passover Begins</i></p>
<p>13</p> <p>10 Musical Stretch A 11 Puzzle C 1:30 Church Service Living Waters A 3:30 Creative Corner GR</p> <p><i>Palm Sunday</i></p>	<p>14</p> <p>10 Sourdough Baking With Betty C 1:30 Hand Massage A 3:30 Bingo C</p>	<p>15</p> <p>10 Easter Photo Shoot 1:30 Sing Along A 3:30 Aroma Therapy C</p>	<p>16</p> <p>10 Morning Exercise C 1:30 Prayer Group V 3:00 Movie Time A</p>	<p>17</p> <p>11 Gr. 2 Students Pacific Academy A 1:30 Target Toss 3:30 Bingo C</p>	<p><b>Good Friday</b> 18</p> <p>11 Legion of Mary Rosary – St. Nicholas 1:30 Balloon Ball C 3:15 Music with Ravensong A</p>	<p>19</p> <p>10 Coffee Chatter C 1:30 Sing Along with Suzie Q A 3:30 Tuck Cart</p>
<p><b>Easter Sunday</b> 20</p> <p>10 Musical Stretch C 12:30 Easter Brunch 2:00 Church Service Evangelical A 3:30 Creative Corner GR</p> <p><i>Easter Sunday</i></p>	<p>21</p> <p>10:30 Easter High Tea - Cherry Courtyard 1:30 Aromatherapy A 3:30 Easter Bingo C <b>Easter Dinner</b></p>	<p><b>Earth Day</b> 22</p> <p>10 Courtyard Gardening 1:30 Gentle Connection 3:30 Card Game C</p> <p><i>Earth Day</i></p>	<p>23</p> <p>10 Armchair Travel GR 1:30 Arts &amp; Craft A 3:30 Triva C</p> <p><i>Administrative Professionals Day</i></p>	<p>24</p> <p>11 Gr. 2 Students Pacific Academy A 1:30 Exercise A 3:30 Bingo C</p>	<p>25</p> <p>10 Morning Exercise C 10 Scenic Drive 1:30 Target Toss C 3:15 Music with Ravensong A</p> <p><i>Arbor Day</i></p>	<p>26</p> <p>10 Coffee Chatter A 1:30 Karaoke C 3:30 Tuck Cart</p>
<p>27</p> <p>10 Musical Stretch A 11 Reminiscing C 1:30 Hymn Sing A 3:30 Creative Corner GR</p>	<p>28</p> <p>10 Yes2Next Stretch 11 Hand Massage 1:45 Birthday Party with Gregg G A 3:30 Gentle Connection C</p>	<p>29</p> <p>10 Seated Yoga C 11 Nail Spa A 1:30 Target Toss A 3:30 Card Game C</p>	<p>30</p> <p>10 Yes2Next Stretch 11 Leisure Trolley 1:30 Prayer Group V 3:30 Gentle Connection A</p>	 <p><b>April 2025</b> Alder Way &amp; Cherry Lane</p>		

# The Scoop

Fort Langley Seniors Community

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## April 2025

By Mikayla Vander Helm, Recreation Manager BTR



### WHAT'S NEW

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#### TAKE A LOOK INSIDE

For updates in the community

#### UPCOMING EVENTS & PHOTOS

Upcoming events and check out photos!

#### SITE LEADER CORNER

Check-in from our Site Leader  
- Erick

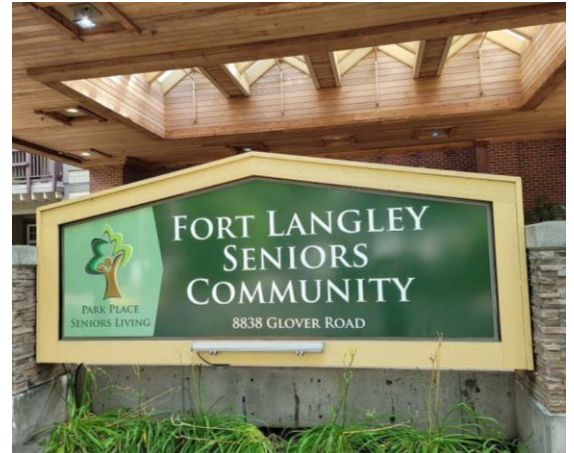
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## Our Mission

### *What We Do*

Park Place Seniors Living Strives to provide enriched life experiences to seniors through innovation and creativity.



## Our Vision

### *Why We Exist*

At Park Place Seniors Living we are committed to ensuring a “voice and a choice” for everyone we serve.

## Subscribe

To receive our monthly newsletter with updates.

Are you receiving our monthly newsletter via email? If not, and you would like to please email: [fortlangley.rectherapy@ppsl.com](mailto:fortlangley.rectherapy@ppsl.com)



# Upcoming Events:

For the month of March

- ❖ Tuesday April 1 at 1:30 – **Resident & Family Council Meeting** (Please join us for our monthly council meeting! Residents and their families are welcome. See page 5 for more details).
- ❖ Friday April 4 & 18 11:00am – **Communion and Rosary Service with St. Nicholas Church**
- ❖ Sunday April 6, 13 and 20 – **Church Service with Evangelical and Living Waters** (Check activity calendar for service times)
- ❖ Thursday April 23 at 10:30am– **Armchair Travel**
- ❖ Thursday April 10, 17 and 24 at 11am – **Gr. 2 Students from Pacific Academy.**
- ❖ Monday April 28 at 1:45pm– **Birthday Party with Gregg G** (See page 8 for more details)
- ❖ Sunday April 20 at 12:30pm – **Easter Brunch**

*Please check the daily activity board in each neighborhood*

***Programs are subject to change.***

# Pictures of FLSC





# Home Updates

## Resident & Family Council Meeting



## Resident & Family Champion

We are looking for our first resident and or family member to join our resident & family champion program here at FLSC.

What is a Resident & Family Champion?

- A current resident or family member who helps to welcome new residents and their families
- Answer their questions
- Show them around
- Help them feel more comfortable!

## Family Monthly Education

*Park Place Seniors Living Brochure:*

1. Interested in Volunteering
2. Resident and/or Family Council
3. Resident and Family Champion Program

(Brochures located in Lobby)



*Code of the Month: April – Code White – Violence/Aggression*

# Site Leaders Corner

We are pleased to share the progress of our ongoing initiatives to enhance the well-being of our residents. Over the past month, our team has been actively reviewing medication use for individuals with dementia and behavioral and psychological symptoms of dementia (BPSD). This careful assessment ensures that treatments remain appropriate and beneficial, promoting the best possible quality of life.

Additionally, our recreation team has been working diligently to refine our programs and personalize activities based on residents' interests and needs.

A highlight of the past month was our successful bus outing to Derby Reach – our first since the pandemic! It was a wonderful experience for residents to enjoy the fresh air, scenic views, and social connection in a beautiful outdoor setting. The smiles and laughter throughout the trip were a reminder of how meaningful these outings are, and we look forward to planning more in the future.

With spring in full bloom, we are excited for the renewal and fresh opportunities this season brings. Thank you to our residents, families, and staff for your continued support as we strive to make Fort Langley Seniors Community a place of care, comfort, and connection.

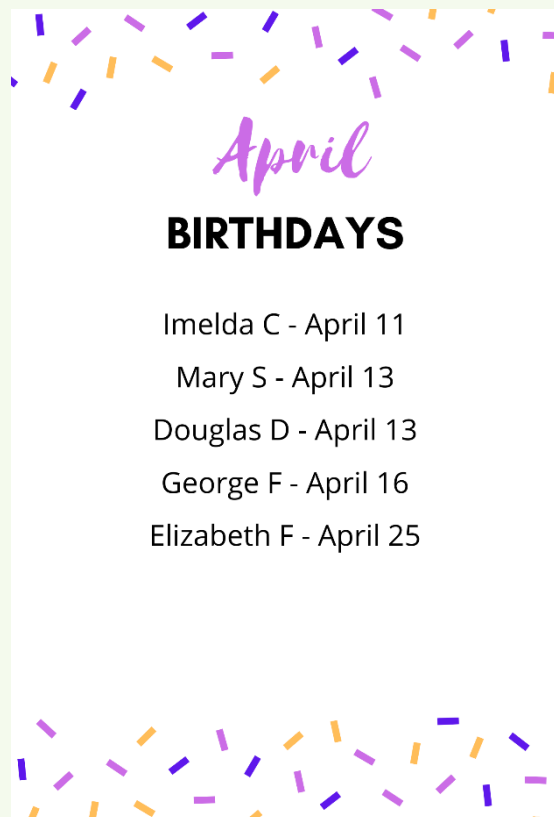
**Erick Bautista**, *Site Leader*



# Contact Information *Fort Langley Seniors Community 604.888.0711*

<i>Site Leader</i>	Erick Bautista	Ext. 121	ebautista@ppsl.com
<i>Maintenance</i>	Mike Harnden	Ext. 124	fortlangley.maintenance@ppsl.com
<i>Support Services</i>	Jag Pahal	Ext. 125	jpahal@ppsl.com
<i>Admin Assistant</i>	Lynn Harrie	Ext. 100	lharrie@ppsl.com
<i>Care – Coordinator</i>	Amber Develder	Ext. 132	fortlangley.care-coordinator@ppsl.com
<i>HR Coordinator</i>	Komal Garala	Ext. 123	fortlangley.hr@ppsl.com
<i>Recreation &amp; Volunteer Manager</i>	Mikayla Vander Helm	Ext. 126	fortlangley.rectherapy@ppsl.com
<i>Care Aide Liaison</i>	Lois Black	Ext. 127	lblack@ppsl.com
<i>Social Worker</i>	Jean Tuyisenge	Ext. 131	<i>fortlangley.socialworker@ppsl.com</i> <i>Onsite Monday, Thursday, and Fridays</i>
<i>Dietitian</i>	Caitlyn McNeil	Ext. 131	Fortlangley.dietitian@ppsl.com <i>Onsite Tuesday, Wednesday, and Thursdays</i>
<i>Occupational Therapist</i>	Jane Chang	Ext. 129	Jane.chang@saliusrehab.ca <i>Onsite Tuesdays and Thursdays</i>
<i>Physiotherapist Temp</i>	Janki Jariwala	Ext. 129	janki.jariwala@saliusrehab.ca <i>Onsite Tuesdays and Thursdays</i>
<i>Nurse 1</i> <i>Nurse 2</i>	Alder Cherry Willow Maple	Ext. 128 Ext. 160 Ext. 170 Ext. 221	<b>Please call the extension for the correct neighborhood.</b>

# Fun Corner & Other



# Appreciation

Employee of the Month: February – Emma R Recreation



*Happy National Volunteer Week*

April 27 – May 3



# Staff Events

Bottle Returns: For staff appreciation.  
More information on the flyer below:

**BOTTLE RETURNS FOR STAFF APPRECIATION AND EVENTS!**

Support our staff and upcoming events by recycling your bottles!

**How It Works:**

- Return bottles at any Return It depot.
- Use the number **604-888-0711** to print labels for your bags.
- No sorting needed—just print the label and apply it to your bag.

Need Help?  
Drop off your bags at our facility, and we can handle them for you.

**Thank you for your support!**





# Other

## *In Loving Memory*

Rosa I – January 23, 1935 – February 28, 2025

Avtar T - August 19, 1958 – March 12, 2025

## Recreation Department Wishlist

- Individually pre-wrapped snack sized chocolate  
– For Bingo Prizes

\*Any donations can be given to the Greeters in the lobby\*  
– *Thank you*

Our first bus outing since covid 19!



Thanks, Robert, for the scenic drive! Outings are on rotating basis.

*Dear family members,*

In a statement issued on March 28 by the Ministry of Health, Dr. Bonnie Henry has officially declared the end of the respiratory illness season.

Masking is no longer mandatory and is now dictated on a case-by case basis.

**Thank you for your understanding, cooperation, and patience during this time.**

## Our Values

Together we **STRIVE** for Excellence

**S**

Safety & Quality

By providing safe and healthy environments where care and service is effective, efficient and person-centered with a focus on continuous quality improvement.

**T**

Teamwork & Partnerships

By supporting and committing to each other to create a connected culture that brings out the best in everyone while achieving common goals.

**R**

Responsibility & Stewardship

By doing our best work, seeking help when needed and ensuring we are good stewards of the organization resources to ensure a sustainable future.

**I**

Innovation & Creativity

By creating opportunities for open conversations that encourages innovation and the sharing or creating ideas to enrich lives.

**V**

Voices that are Respected

By placing our residents and families at the center of all we do by listening, respecting and responding to their needs, values and preferences.

**E**

Empathy & Trust

By fostering trusting relationships through welcoming diversity, practicing acceptance and seeking to understand the experience and feelings of others.